

Acylcarnitines Workshop October 22th - 2021

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Quantitative analysys of acylcarnitines

- Factors affecting the analysis
 - ACS scheme difficulties

Pedro Ruiz Sala ACS Scheme Scientific Advisor

ACDB scheme difficulties and "weird" DBS acylcarnitines cases Cristiano Rizzo and Charles Turner ACDB Scheme Scientific Advisors

INTRODUCTION

As a reminder:

Acylcarnitines (AC) are either involved in the mitochondrial β -oxidation of fatty acids or in branched-chain amino acids catabolism, becoming an important part of the investigation of inherited metabolic diseases in the biochemical genetic laboratories.

The development of tandem mass spectrometry (MS/MS) facilitated the analysis AC, which is used in the newborn screening programs of many countries, using dried blood spots (DBS).

INTRODUCTION

More recently, there had been an increasing demand for satisfactory quality assurance in the biochemical genetic laboratories including external quality control to guarantee comparability of results between different centers (Fowler et al. 2008).

J Inherit Metab Dis (2008) 31:680–689 DOI 10.1007/s10545-008-1025-4

REVIEW

Quality of analytical performance in inherited metabolic disorders: the role of ERNDIM

B. Fowler · A. Burlina · V. Kozich · C. Vianey-Saban

Received: 6 August 2008 / Submitted in revised form: 23 October 2008 / Accepted: 24 October 2008 / Published online: 21 November 2008 © SSIEM and Springer 2008

INTRODUCTION

It was also observed that there was a demand for the analysis of AC from a quantitative point of view.

In 2015, a pilot test about analysis in plasma/serum was carried out. The ERNDIM EQA included the ACS Scheme officially in 2017.

JIMD Reports DOI 10.1007/8904_2016_533

RESEARCH REPORT

Pilot Experience with an External Quality Assurance Scheme for Acylcarnitines in Plasma/Serum

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QUANTITATIVE ANALYSIS OF ACYLCARNITINES IN PLASMA/SERUM

Before comment some results in ACS Scheme, we are going

to review the methods used in the analysis of AC,

in order to better understand the ACS Scheme results that we will comment on later.



Basically, methods are different in :

- > Step of derivatization
- Data acquisition mode
- Use of chromatography
- > Use of different stable isotopically labelled standards

Derivatization?

> Butyl esters of AC:

Advantages: Better Sensitivity in dicarboxylic AC.

• More selectivity, differentiation between some AC with same molecular ion (C3DC/C4OH, C4DC/C5OH).

• Molecular ion is higher, so the effect of low mass interferences is reduced

> Underivatized:

Advantages: · Simpler preparation.

Avoid corrosive reagents.



Derivatization?

> Butyl esters of AC:

Disadvantages: - Less sentitivity by incomplete butylation or hydrolysis that increases the concentration of free carnitine and decreased of AC

- More laborious and time consuming
- The use of corrosive reagents

> Underivatized:

Disadvantages: Less sensitivity in dicarboxylic

 Less selectivity in AC with same M⁺ (C3DC/C4OH, C4DC/C5OH)

dirtier mass spectra

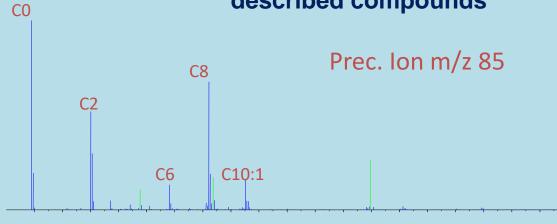


Acylcarnitines with same molecular ion, Underivatized or as butyl esters:

Underivati	zed		Derivatized			
m/z	Notation	AC	m/z	Notation	AC	
232	C4	Butyryl Isobutyryl	288	C4	Butyryl Isobutyryl	
244	C5:1	Tiglyl 3-Methylcrotonyl	300	C5:1	Tiglyl 3-Methylcrotonyl	
246	C5:0	Isovalery1 2-Methylbutyry1-(D+L) Pivalov1	302	C5:0	Isovaleryl 2-Methylbutyryl-(D+L) Pivaloyl	
248	C3DC	Malony1	360	C3DC	Malonyl	
	C4OH	3-Hydroxybutyryl	304	C4OH	3-Hydroxybutyryl	
262	C4DC	Methylmalonyl-(D + L) Succinyl	374	C4DC	Methylmalonyl-(D+L) Succinyl	
	C50H	3-Hydroxyisovaleryl 2-Methyl-3-hydroxybutyryl	318	C5OH	3-Hydroxyisovaleryl 2-Methyl-3-hydroxybutyry	
276	C5DC	Glutaryl	388	C5DC	Glutaryl	
	C6OH	Hydroxyhexanoyl		C10OH	Hydroxydecanoyl	
290	C6DC	Methylglutaryl Adipyl	402	C6DC	Methylglutaryl Adipyl	



- > Data acquisition mode?
 - MRM (multiple reaction monitoring): more sensitivity but only detects the ACs that are indicated from the beginning
 - Precursor ion: Mass spectrum is available to check interferences, unexpected or recently described compounds

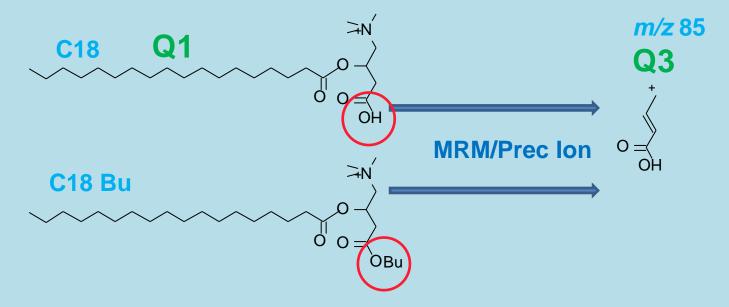


MCAD deficiency



> Data acquisition mode:

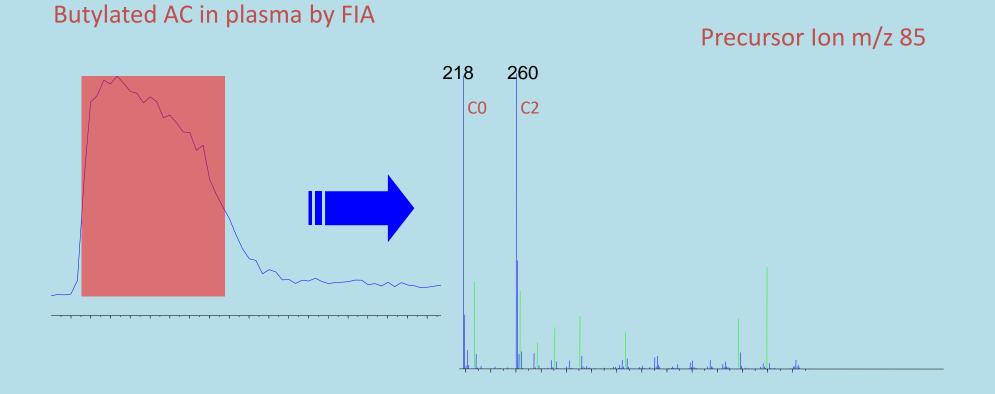
 \succ ion fragment in 3rd quadrupole usually is the same (*m*/z 85) independent of the method:



> However, Precursor Ion of m/z 99 is also used.



> Use of chromatography?
> NO? samples are injected by Flow injection analysis (FIA)





> Use of chromatography?

- > NO? samples are injected by Flow injection analysis (FIA)
- PROS and CONS:

AC are quantified by a software used in newborn screening (NBS), based on known concentrations of deuterated internal standards. There is no need of a calibration curve in NBS.

Run time in FIA is short and quantification is fast. However, the quantification is based on one point calibration (the internal standard concentration).

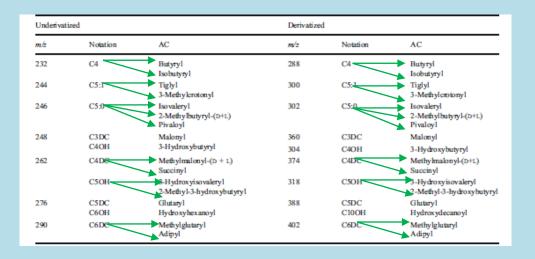
Triple Quadrupole MS/MS response is considered linear in a wide range of concentrations, but an AC concentrations far from the IS could loss accuracy.

Response factor could be known: C8 with d3-C8 will be 1. But is there a commercial IS for...C3DC? How much would it cost? Response factor could be calculated or just supposed = 1. Each laboratory has to consider what is its need and what is not.



- Use of chromatography?
 - > NO? samples are injected by Flow injection analysis (FIA)
 - > PROS and CONS:

AC with same M+ are added in the quantification:



> Use of chromatography?

> Yes?

Allows a calibration curve. Improves and ensures the precision the accuracy. May be suitable for plasma monitoring

But:

The chromatography is time consuming: Long run times. To prepare and calculate the calibration curves.

How many samples can be run in a certain time?

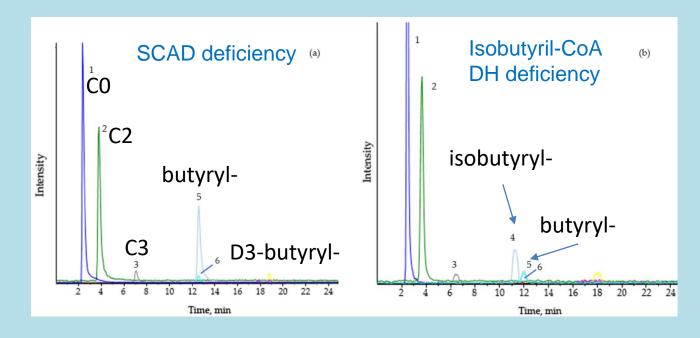
How many calibration curves can be done at the same time?

> Use of chromatography?

> Yes?

The HPLC columns separates AC isomers

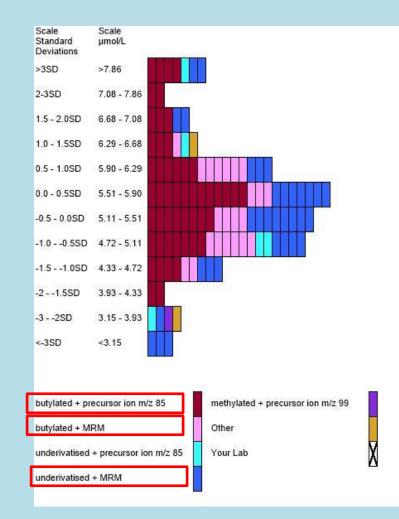
Butyl-AC in plasma by HPLC/MS/MS, MRM Mode:



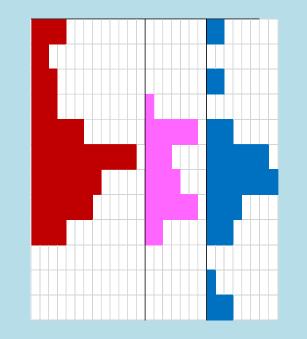
Let's see some interesting results about the ACS scheme



C8 Octanoylcarnitine ACS 2021.1



its quantification is quite well established, usually with deuterated-C8. There is no problem of the commented previously

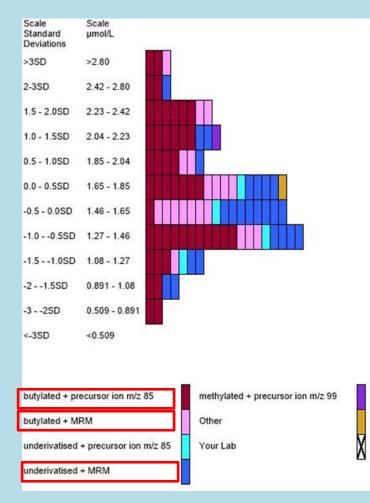


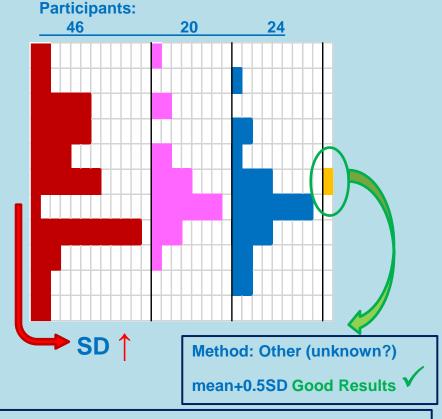
73 participants butylate Octanoylcarnitine 38 participants analyse Free Octanoylcarnitine

(ratio ≈ 2:1)



C5:1 Tyglylcarnitine ACS 2020.7 (added 2 µmol/L)

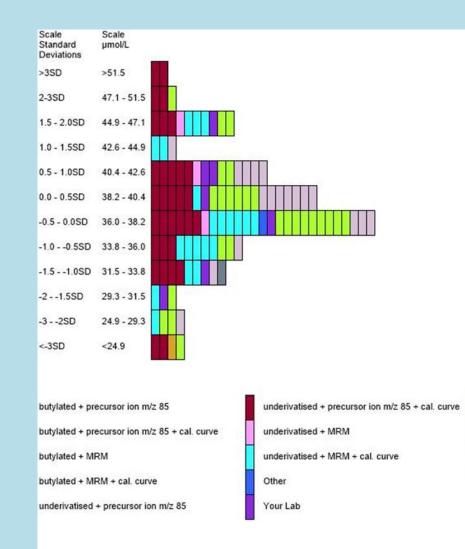


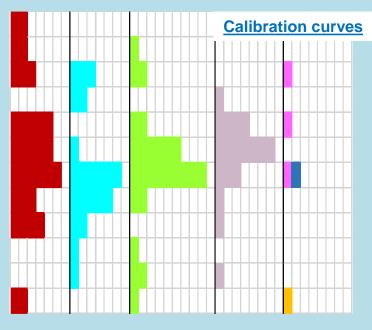


The standard deviation is high, but there are some aspects unknown. Which is the IS used by each participant? Which will be the chosen response factor?



C0 Free carnitine ACS 2021.2



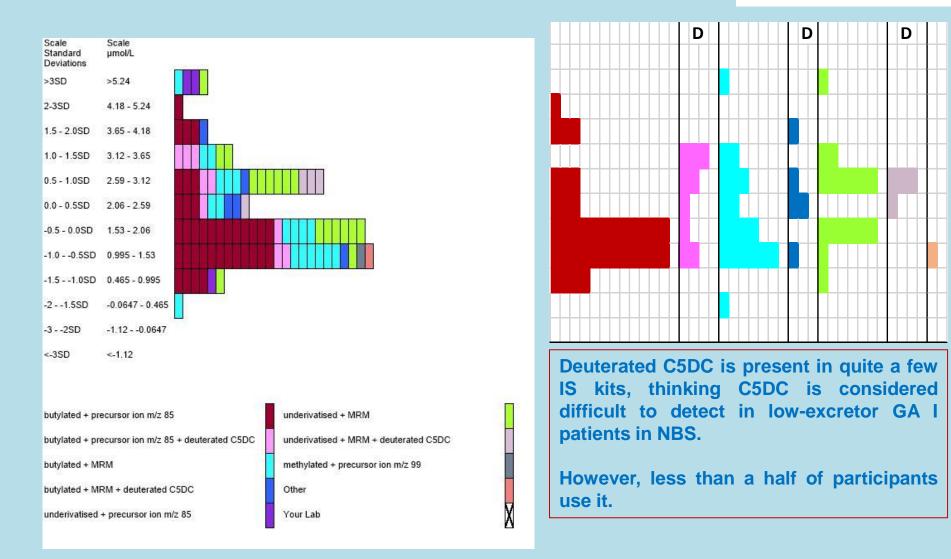


C0 could be adequate to quantify with calibrated. But most of participant don't use it.

Nevertheless, the trend of the results is quite similar with or without calibration.



C5DC Glutarylcarnitine

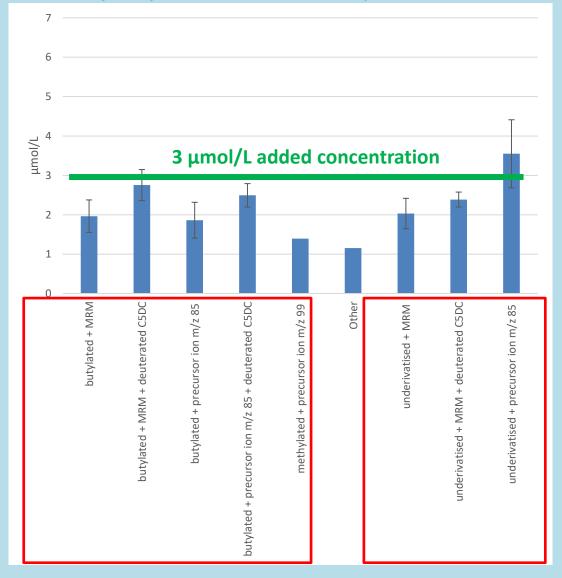


D=deuterated C5DC as IS



C5DC Glutarylcarnitine (Pair 3-8)

(ACS 2020. Average and VC of the results given by participants with the same method)

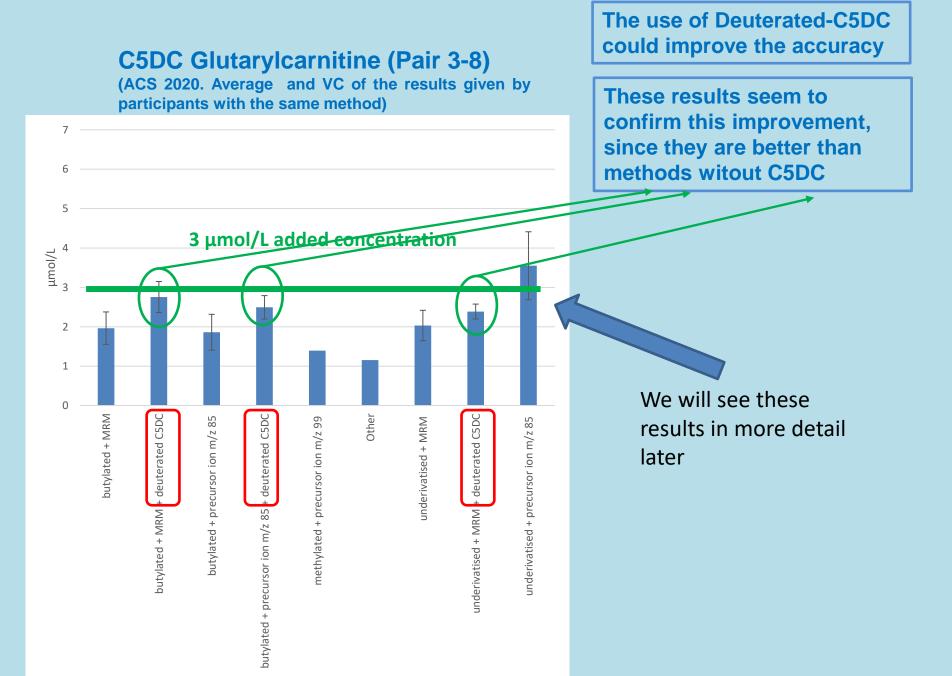


It is been described that the recovery or the accuracy of dicarboxylic acylcarnitines in methods without derivatization are worse than those in methods that include derivatization.

But in these results there is not a clear difference in accuray/recovery between these groups of methods

Commercial non-derivatized Kits usually have calibrators to improve the accuracy. Sensitivity is no longer a problem with the latest MS/MS. So, these kits may be more used in the future







C5DC Glutarylcarnitine (Pair 3-8) (ACS 2020. Average and VC of the results given by participants with the same method) 7 4 ۲/Iomuti з 2 1 0 C5DC C5DC deuterated C5DC Other butylated + MRM outylated + precursor ion m/z 85 methylated + precursor ion m/z 99 underivatised + MRM underivatised + precursor ion m/z 85 deuterated deuterated

underivatised + MRM

+ MRM

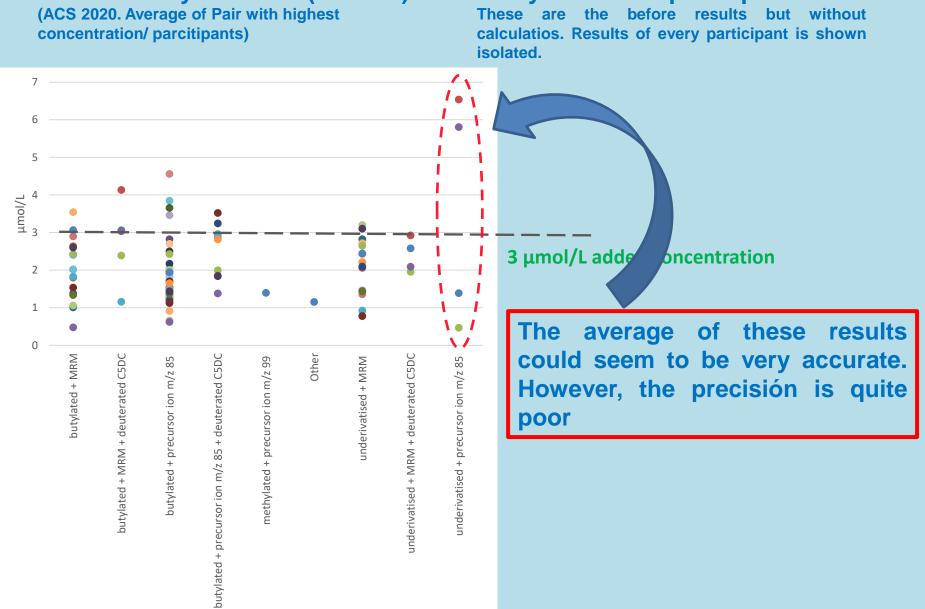
outylated

+ precursor ion m/z 85

butylated

The use of Deuterated-C5DC could improve the precision (VC variation coefficient)

These results seem to confirm this improvement, since VC is lower



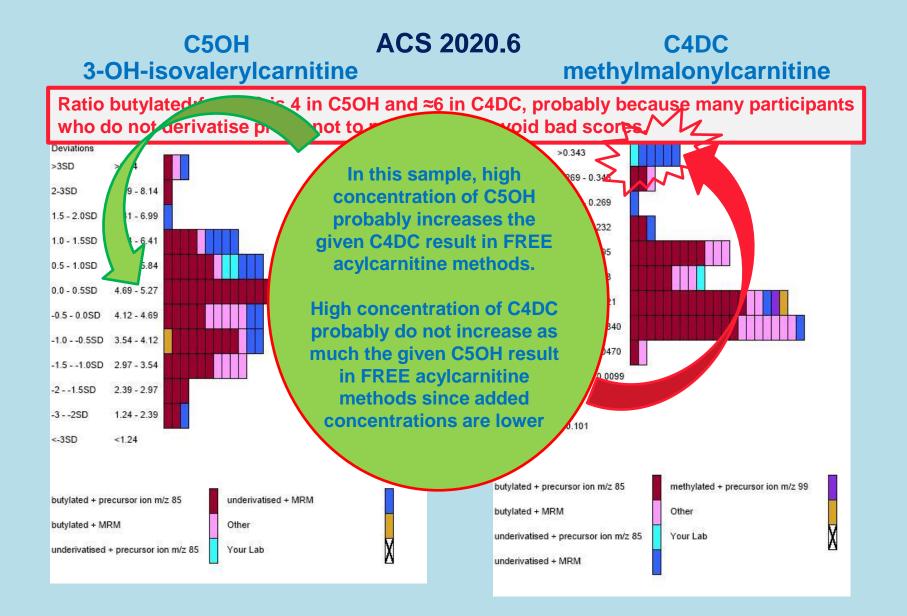
C5DC Glutarylcarnitine (Pair 3-8)

Every dot is one participant.

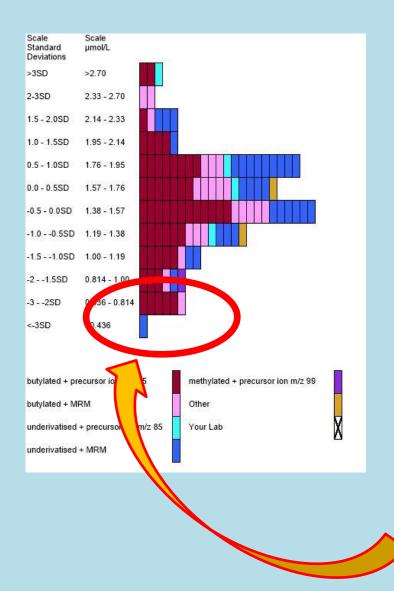


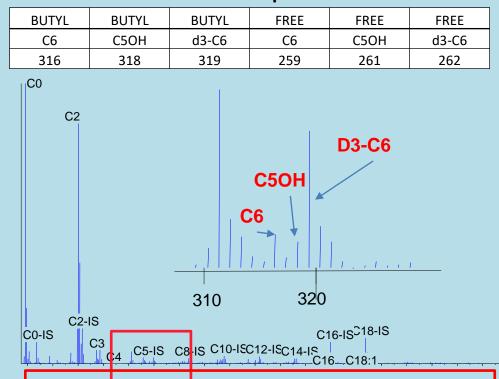
Matters about ACS Scheme itself





C6 Hexanoylcarnitine ACS2021.1





m/z in Quadrupole 1

The naturally occuring isotope distribution of C5OH contributes with m/z 318+1=319, distorting in excess the intensity of d3-C6.

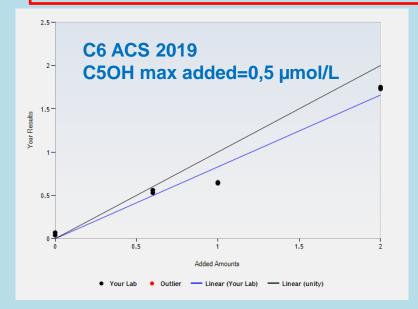
The higher added concentration of C5OH, the lower concentrations of C6 (wrongly found).

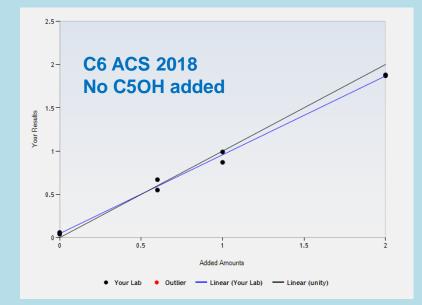
C6 Hexanoylcarnitine ACS

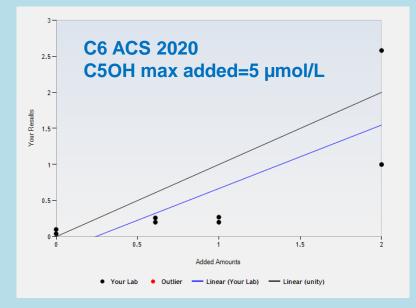
In 2020 ACS Scheme, the increase of the added concentrations of C5OH revealed even more the worsening of the results during 2019.

This situation, in which C6 and C5OH could be bioamarkers of a disease, is not seen in real samples.

However, at least for the participation in ACS a decision has to be made to change these results. Possibly changing the method with the addition of an HPLC column, but the duration is lengthened, in comparison with the Flow injection analysis.









Acylcarnitine measurement in dried blood spots ERNDIM Qualitative QA scheme

Blood spots from real clinical cases: Education & Interpretation

2003-2009 Began with 45 registered participants London, current scientific advisor: Charles Turner

2010 split between two centres, 60+ participants in each centre Heidelberg, current scientific advisor: Joachim Janda

2017 Third centre added, 40+ participants in each centre Zurich now Rome, current scientific advisor: Cristiano Rizzo



ERNDIM Qualitative Acylcarnitine dbs QA scheme (2020: 131 participants from 42 countries)

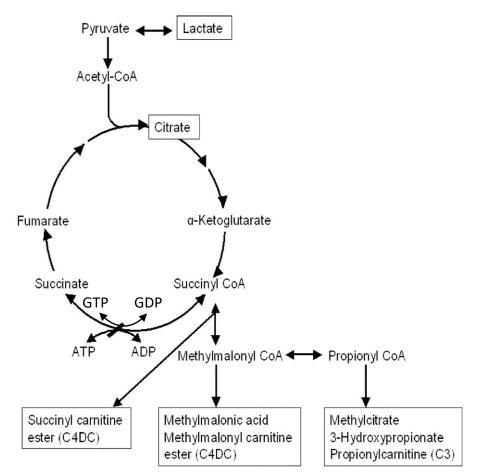
Country (s)	Participants
FRANCE	16
UNITED KINGDOM	15
ITALY	13
GERMANY	9
SPAIN	8
USA	6
BELGIUM, NETHERLANDS	5
AUSTRALIA, CANADA	4
ARGENTINA, MALAYSIA, PORTUGAL, TURKEY	3
CHINA. CZECH REPUBLIC, ISRAEL, SLOVAKIA, SWITZERLAND, TAIWAN	2
AUSTRIA, BRAZIL, BULGARIA, CHILE, CROATIA, ESTONIA, IRELAND, JAPAN, KINGDOM of SAUDI ARABIA, KUWAIT, LEBANON, LITHUANIA, LUXEMBOURG, MOROCCO, NEW ZEALAND, POLAND, QATAR, REPUBLIC OF SINGAPORE, RUSSIA, SLOVENIA, SULTANATE OF OMAN	1



Sample ACDB-IR-2020 F

- ✓ 15 year old male. Patient admitted at the age of 7 months for encephalopathy, psychomotor retardation and hypotonia. In treatment
- ✓ Significant elevation of C4DC acylcarnitines, (succinylcarnitine)
- ✓ This sample was from a patient with Succinyl-CoA ligase subunit beta (SUCLA2)
- ✓ Educational sample





SUCLA2 mutations are associated with mild methylmalonic aciduria, Leigh-like encephalomyopathy, dystonia, and deafness. Carrozzo, et al. Brain 130: 862-874, 2007. Succinyl-CoA synthetase (SCS), also called succinate ligase, is a Krebs cycle enzyme that not only converts succinyl-CoA to succinate and free Coenzyme A, but also converts ADP to ATP and GDP to GTP.

The substrate specificity for ADP and GDP is determined by the β -subunits, whereas the α subunit is shared.

The α -subunit is coded by the gene *SUCLG1*, whereas the β -subunit is encoded by *SUCLA2* for the ADP specificity, and by *SUCLG2* for the GDP specificity.

Patients SCS-related defects *SUCLG1* or *SUCLA2* mutation present hypotonia, muscle weakness, hypoacusis, Leigh disease, lactic acidosis, polyneuropathy, mild methylmalonic aciduria and mild elevation of C4DC-Carnitine

27/38 (71%) respondents reported an increase of C4DC (succinyl/methylmalonilcarnitine or C5OH)

	median	range	interquantile range	median URL	range URL	interquartile range URL	# respondents (URL)
C4DC/C5OH	1.2	0.39-3.8	0.80-1.72	0.64	0.37-2.6	0.50-0.73	27 (26)

19/38 (50%) respondents considered Succinate-CoA ligase deficiency (SUCLA2 or SUCLAG1)

- ✓ 11 respondents considered a normal acylcanitines profile
- ✓ 2 respondents suggested primary carnitine deficiency
- ✓ 2 respondents suggested methylmalonic acidemia
- ✓ 2 respondents suggested 3-methycrotonyl-CoA carboxylase deficiency
- ✓ 1 suggested multiple carboxylase deficiency
- ✓ 1 suggest a valproate therapy profile

The alternative differential diagnosis suggested by respondents included:

- Methylmalonic acidemia (n=5)
- 3-hydroxy-3-methylglutaryl-CoA lyase deficiency (HMG) (n=3)
- Beta-ketothiolase deficiency (n=2)
- 2-methyl 3-hydroxybutyryl-CoA dehydrogenase deficiency (2M3HBA) (n=4),
- 3-methylglutaconic aciduria (3MGA) (n=6)
- Biotine deficiency (n=3)
- 3-methylcrotonyl-CoA carboxylase (3MCC) deficiency (n=7)
- Mitochondrial DNA depletion (n=2)
- Valproate treatment (n=1)



Sample ACDB-IR-2020 F (SUCLA2)

27/38 (71%) respondents reported an increase of C4DC/C5OH.

16 derivatized13 suggest SCS-related defects81%11 underivatized6 suggest SCS-related defects54%

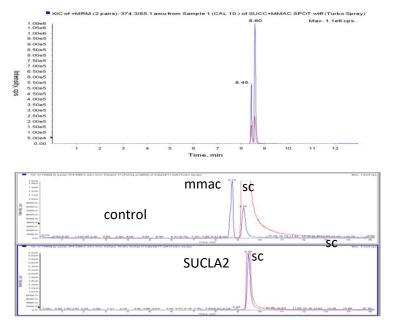


Clinica Chimica Acta Volume 429, 15 February 2014, Pages 30-33



Measurement of succinyl-carnitine and methylmalonyl-carnitine on dried blood spot by liquid chromatography-tandem mass spectrometry

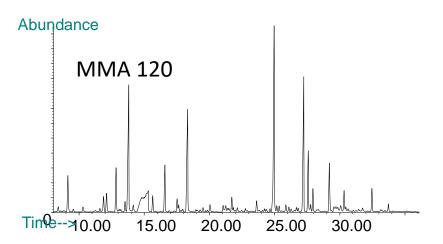
Cristiano Rizzo ^{a, 1}, Sara Boenzi ^b 우¹ 떠, Rita Inglese ^a, Giancarlo la Marca ^{c, d}, Maurizio Muraca ^a, Tegra Barreiro Martinez ^e, David W. Johnson ^f, Eleonora Zelli ^a, Carlo Dionisi-Vici ^b



Derivatized method C5OH 318→85 C4DC 374→85

Underivatized method C5OH 262→85 C4DC 262→85

Organic acids analysis





Sample ACDB-IR-2020 A

✓ 19 year old male.

- ✓ Patient admitted at the age of 3 days for vomit, hypoglycemia, hyperammonemia and hepatic dysfunction.
- ✓ In treatment with MCT
- Most likely Carnitine Acylcarnitine translocase deficiency or Carnitine Palmitoyltransferase II deficency.
- ✓ This sample was from a patient with Carnitine Acylcarnitine translocase deficiency (CACT – OMIM 212138)

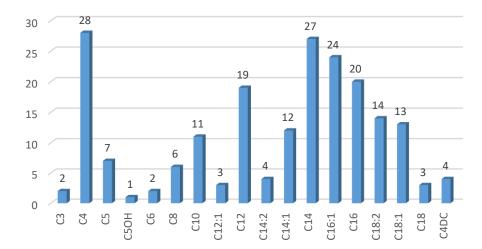


Sample ACDB-IR-2020 A (CACT)

Significant increase was found in long chain acylcarnitines (from C14 to C18), medium chain acylcanitines and C4-carnitine.

	median	range	interquartile range	median URL	range URL	interquartile range URL	# respondents (URL)
C4	1.24	0.79-1.66	1.10-1.35	0.59	0.20-1.80	0.42-0.74	29 (28)
C8	0.15	0.11-0.21	0.14-0.16	0.1	0.07-0.16	0.10-0.11	5 (5)
C10	0.3	0.20-0.41	0.23-0.32	0.2	0.12-0.30	0.15-0.23	10 (10)
C12	0.32	0.19-0.77	0.23-0.38	0.16	0.08-0.41	0.10-0.31	13 (13)
C14:1	0.27	0.16-0.47	0.21-0.38	0.17	0.08-0.40	0.10-0.31	13 (13)
C14	0.51	0.40-0.86	0.45-0.61	0.3	0.11-0.55	0.21-0.43	28 (28)
C16:1	0.73	0.45-1.31	0.58-0.83	0.27	0.09-0.81	0.15-0.47	23 (22)
C16	3.56	2.79-7.43	3.2-4.21	2	1.32-5.72	1.71-2.34	21 (21)
C18:2	0.97	0.60-1.40	0.80-1.05	0.58	0.39-1.33	0.48-0.70	14 (14)
C18:1	2.3	0.88-4.73	2.09-2.54	1.78	1.33-378	1.78-2.20	15 (15)
C18	1.05	0.11-0.21	0.14-0.16	1	0.07-0.16	0.10-0.11	5 (5)
(C16+C18:1)/C2	0.45	0.43-0.70	0.43-0.51	0.28	0.20-0.30	0.27-0.30	5 (5)

of labs that have reported each acylcarnitine



Elevation of C4-carnitine and medium chain acylcarnitine found in this sample are the result of MCT treatment of this patient.



9/41 (22%) respondents considered CACT o CPT2 deficiency as the most likely diagnosis

38/41 (92%) respondents considered BOX defects as the most likely diagnosis

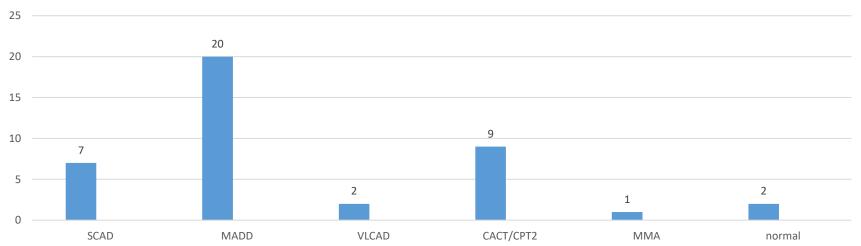
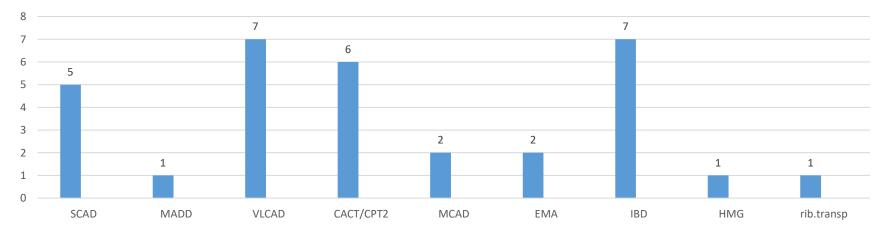


Fig 2. 1st suggested diagnosis

Fig 3.	alternative	suggested	diagnosis
0		00	0





ACDB-UL-2020-A (CACT)

✓ 1 year old female.

✓ Admitted acutely unwell with Cardiomyopathy, hypoglycaemia

- ✓ Not on specifc treatment at time of sampling
- ✓ Most likely Carnitine Acylcarnitine translocase deficiency or Carnitine Palmitoyltransferase II deficency.
- ✓ This sample was from a patient with Carnitine Acylcarnitine translocase deficiency (CACT – OMIM 212138)

Sample ACDB-UL-2020 A (CACT)

Acylcarnitine species	Number of respondents
^C8	42
^C6	36
Low C0	29
^C16	23
^C10	22
^C4	19
^C14	16
^C16:1	15
^C8/C10	13
^C18	13
^C12	12
C4DC	8
^C18:1	8
C10:1>	7
^C14:1	6
^C8/C2	4
Succinyl carnitine	1
^(C16+C18:1) /C2	1

Acylcarnitine	C8	C6	CO	C10	C16	C16:1
Median	1.21	0.49	7.8	0.30	5.13	0.82
Range	0.65-1.72	0.31-0.82	3.2-24.0	0.21-0.49	0.96-6.20	0.54-5.76
Interquartile Range	1.05-1.32	0.44-0.53	5.6-9.7	0.26-0.36	4.58-5.47	0.73-0.97
URL (LRL) Median	0.20	0.15	(9.6)	0.24	1.90	0.27
URL (LRL) Range	0.06-0.45	0.05-0.40	(3.2-20.2)	0.10-0.42	0.80-6.70	0.13-1.04
URL (LRL) Interquartile range	0.16-0.30	0.11-0.20	(8.7-11.8)	0.20-0.29	1.64-3.44	0.20-0.40
Number of respondents (URL)	40 (37)	34 (31)	31 (28)	28 (25)	23 (21)	17(16)

15/41 suggested CACT/CPT2 as the most likely diagnosis20/41 suggested MADD6/41 suggested MCADD

All recognized a fatty acid oxidation defect



- \checkmark 5 months old asymptomatic male.
- ✓ Acylcarnitines alteration was found by NBS.
- This sample was from a patient with 3-methyl-crotonyl-CoA carboxylase deficiency (3MCC) Mutation in MCCC1

	median	range	interquartile range	median URL	range URL	interquartile range URL	# of repondents (URL)
C50H	0.81	0.51-3.56	0.68-1.08	0.43	0.20-1.80	0.32-0.51	32 (31)
C50H/C8	13.47	10.83-23.5	11.08-15.9	10	6-17.30	9-13	8 (7)

32/42 respondents (76%) reported an increase of C5-Hydroxy-carnitine (C5OH)

30/42 (71%) respondents considered 3-methyl-crotonyl-CoA carboxylase deficiency (3MCC) as the most likely diagnosis; 2 respondents considered glutaryl-CoA dehydrogenase deficiency

32 respondents suggested **gene mutation analysis guided by the results of the urinary organic acids analysis** to confirm the diagnosis.

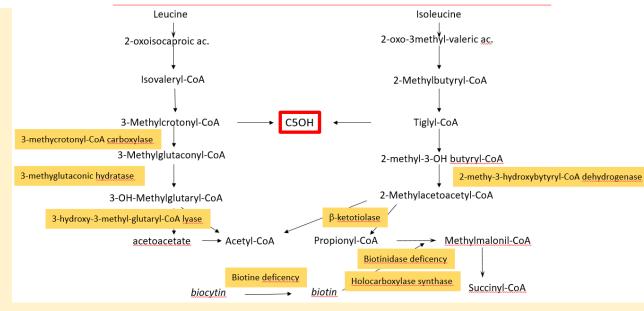


Sample ACDB-RM-2019 F (3MCC)

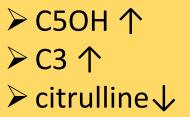
Main causes of C5OH elevation in leucine and isoleucine pathway

Causes of elevated C5OH-carnitine include:

- ✓ 3-hydroxy-3-methylglutaryl-CoA lyase
- ✓ Beta-ketothiolase
- ✓ 2-methyl 3-hydroxybutyryl-CoA dehydrogenase
- ✓ Biotine deficiency
- ✓ Biotinidase
- ✓ Holocarboxylase synthetase
- ✓ Maternal 3-methylcrotonyl-CoA carboxylase (3MCC)
- ✓ 3- methylglutaconic acidurias (3MGAs)
- ✓ Valproate therapy







Biochemical signatures mimicking multiple carboxylase deficiency in children with mutations in *MT-ATP6*

ELSEVIEF

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Prospective diagnosis of *MT-ATP6*-related mitochondrial disease by newborn screening

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Rome-Case 1

Newborn screening		day3	day9	cutoff
	C4	1.29	1.19	0.87
	EMA	11	6.8	2.34

clinical signs: cyanosis, hypotonia, vomiting and metabolic acidosis

	DBS				plasma			urinary organic acids			
	day10	day 11	cutoff		day 10	day 11	cutoff				
C0	9.09	10.9	>9 -56	CO	8.76	15.6	27	EMA	170	170	<1
C4	1.11	1.78	0.69	C4	1.95	3.48	1.05	glutarate	80	2	<3
C5	0.65	0.29	0.33	C5	1.08		0.62	ESG	\uparrow	\uparrow	
C6		0.27	0.2	C6	0.26	0.63	0.22	2MBG	\uparrow		
C8		0.56	0.31	C8		1.76	0.44	IVG	· 个	\uparrow	
C10		0.55	0.3	C10		1.48	0.9		l	l	
C12:1		0.76	0.35	C5DC	0.25	0.21	0.09				
C12		0.87	0.35	C12:1		1.43	0.36				
C14:1		1.16	0.3	C12		1.4	0.34	EMA/ETHE:	1 or MA	255UU	
C14		0.63	0.35	C14:1		2.9	0.34				J
C16:1		0.4	0.35	C14		1.46	0.14				
				C16:1		1.2	0.2				



Case 1

Pannel for GAII (ETFA, ETFB, ETFDH, FLAD1, SLC25A32, SLC52A1, SLC52A2, SLC52A3) were all normal

ETHE1: single variant in heterozygosity in ETHE1, no deletions

Mater riboflavin dosage (25/03): **113** mcg /L (137-370 mcg /L)

Mater riboflavin dosage (10/05): 199 mcg /L (137-370 mcg /L) in supplementation 50 mg / day



CASE REPORT 🖻 Open Access 💿 🛈

Abnormal VLCADD newborn screening resembling MADD in four neonates with decreased riboflavin levels and VLCAD activity

Marne C. Hagemeijer 🗙, Esmee Oussoren, George J. G. Ruijter, Willem Onkenhout, Hidde H. Huidekoper, Merel S. Ebberink, Hans R. Waterham, Sacha Ferdinandusse, Maaike C. de Vries, Marleen C. D. G. Huigen, Leo A. J. Kluijtmans, Karlien L. M. Coene, Henk J Blom, ... See fewer authors «This report demonstrates that a secondary (alimentary) maternal riboflavin deficiency in combination with reduced VLCAD activity in the newborns can result in an abnormal VLCADD/MADD acylcarnitine profile and can cause false-positive NBS. We hypothesize that maternal riboflavin deficiency contributed to the false-positive VLCADD neonatal screening results.»



Rome-Case 2

Born at 38 weeks of gestational age

Consanguineous parents (first cousins)

Normal NBS. Underivatized method

Hospitalised with these clinical symptoms:

- axial hypotonus
- facial dysmorphisms (hypertelorism, mild retrognathia) congenital heart disease
- cryptorchidism
- hyper echogenic spots in the liver

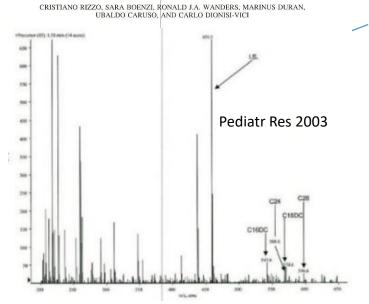
ERNDIM

Clinicians request the following tests (patient's age 2 months)

- Rome-Case 2
- DBS acylcarnitine (derivatized method)
- Plasma acylcarnitines (derivatized method)
- Urinary organic acids

DBS AC C16DC **0.04** μmol/l (NV<0.03) C18DC **0.05** μmol/l (NV<0.03) C24-C 0.05 μmol/l (NV<0.02)

Characteristic Acylcarnitine Profiles in Inherited Defects of Peroxisome Biogenesis: A Novel Tool for Screening Diagnosis Using Tandem Mass Spectrometry



Plasma AC C16DC **0.17** μmol/l (NV<0.03) C18DC **0.18** μmol/l (NV<0.03)

C26:0-lyso-PC **404** μmol/l (NV<25)

Metabolites analysis

VLCFA	\uparrow	C26 8.02 µmol/l (NV<0.9)
Phytanic a.	\uparrow	4.79 μmol/l (NV<3)
Pipecolic a.	\uparrow	35.8 μmol/l (NV<3.5)
DHCA	\uparrow	16.6 μmol/l (NV<0.35)
THCA	\uparrow	6.67 μmol/l (NV<0.44)
Plasmalogens	\checkmark	

Organic acids Pimelic 个; Azelaic 个 2-OH-sebacic 个 C14 Epoxydicarboxylic 个

Genetic analysis

microdeletion in chromosomal region 11p11.2 involving exons 1 and 2 of the **PEX16** gene in homozygous condition

ERNDIM QA Scheme London Glutaric Aciduria Type 1

2003 2a 11month old male, collapse during intercurrent illness, large head with frontal bossing GlutarylCoA dehydrogenase deficiency (type 1 glutaric aciduria) – enzyme confirmed **0/32** ^C5-dicarboxyl-carnitine Blood spot/plasma acylcarnitines consistently normal Urine organic acids - only once was 3OH-glutarate suspicious

2005 5c 3y old male, intercurrent infection, altered consciousness, hypoglycaemia

52/53 ^C5-dicarboxyl-carnitine and suggested a diagnosis of GA1

201 15a 4y old, movement disorder subsequent to acute illness

39/44 ^C5-dicarboxyl-carnitine and suggested a diagnosis of GA1

2012 20c 3 year old female, epilepsy, basal ganglia changes on MRI

50/52 ^C5-dicarboxyl-carnitine, 7/52 ^C5DC/C8 48/52 suggested a diagnosis of GA1

2016e 23y old male, movement disorder following intercurrent illness in childhood

56/56 ^C5-dicarboxyl-carnitine, 11/56 ^C5DC/C8. 56/56 suggested a diagnosis of GA1

A normal acylcarnitine result does not exclude type 1 glutaric aciduria High awareness of GA1, unlikely to be missed if metabolite elevated

Increasing use of ratios

No apparent difficulty for underivatised analysis



ERNDIM QA Scheme Glutaric Aciduria Type 1

Year Sample	correct	Median	Range	n	URL Median	URL Range	URL n
2005 5c	52/53	1.2	0.39-3.10	40	0.15	0.03-0.5	34
2010 15a	39/44	0.38	0.13-1.02	34	0.15	0.03-0.57	25
2012 20c	48/52	0.77	0.3-2.6	39	0.14	0.02-0.4	25
2016 e	56/56	4.38	1.47-12.1	46	0.17	0.03-0.51	34

Problems with quantitation and reference ranges

Some correlation between concentration & diagnostic accuracy



-One year old girl hospitalized for suspected mitochondrial encephalopathy.

- NBS was normal.
- -Blood Acylcarnitine normal
- 2 urinary organic acids samples were normal

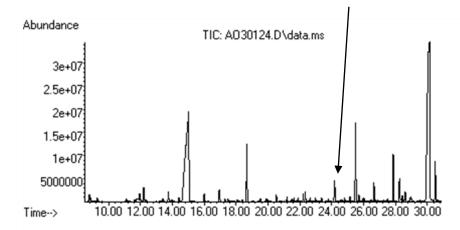
She presented with motor regression, drowsiness and head rotation movements with intra-rotation of the right limb.

Brain MRI showed hyperintensity at the level of the caudate and bilateral lenticular nuclei

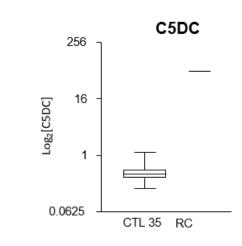
ERNDIM

Rome-Case 3

• third sample of organic acids slight increase of **3-hydroxy-Glutaric acid**



- DBS Acilcarnitines
- -NBS C5DC 0.17 µmol (Cutoff <0.20)
- 7 normal DBS acylcarnitine samples. (C5DC average 0.12 μmol; range 0.08-0.14)
- Urinary Acilcarnitines C5DC 165 μmol (nv<5)
- Genetic analysis confirm glutaric aciduria type I c.286A>G ;p(Ile96Val); c.1157G>A p(Arg386Val)







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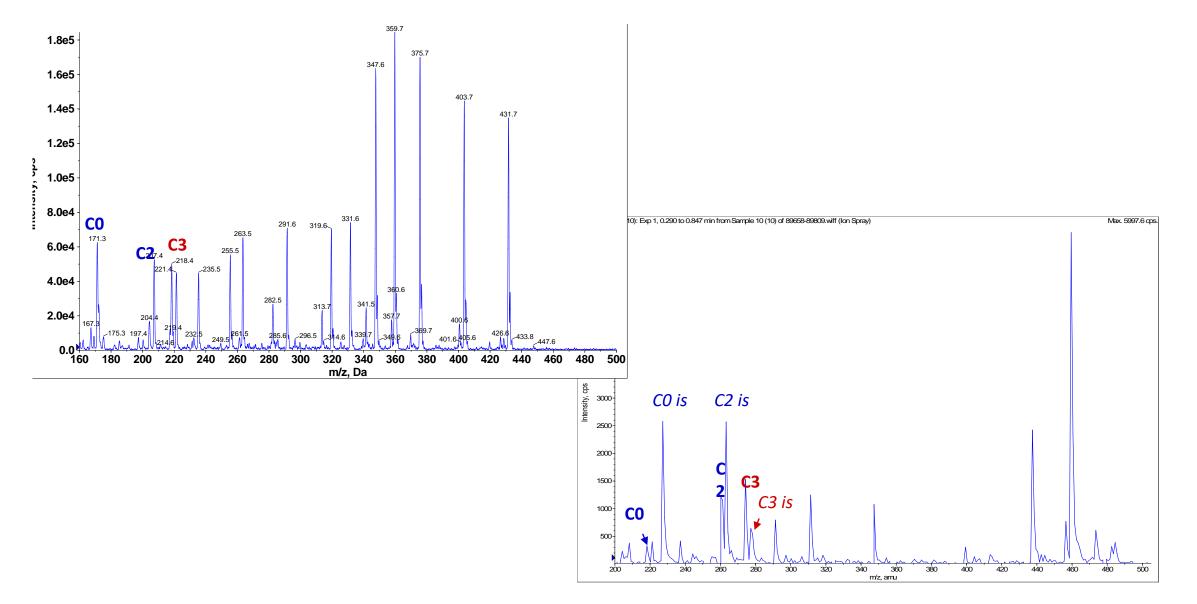
The urinary excretion of glutarylcarnitine is an informative tool in the biochemical diagnosis of glutaric acidemia type I

S. Tortorelli ª, S.H. Hahn ª, T.M. Cowan ^b, T.G. Brewster ^c, P. Rinaldo ^a, D. Matern ^a 🙁 🖾

"The urinary excretion of glutarylcarnitine is a specific biochemical marker of GA-1 which could be particularly useful in the work up of patients with suggestive clinical manifestations but **without glutaric aciduria and with normal plasma acylcarnitine profiles**".



Sample 13a 8 day old male, hyperammonaemia, coma



Propionic acidaemia Sample 13a

2009 13a 55/73

8 day old male, hyperammonaemia, coma

44 C3 carnitine outside their age appropriate reference limit

- 13 C3 abnormal by ratios (C3/C2, C3/C0, C3/C16).
- C3 concentration: median 3.4 μ mol/l, range 2.20-9.39, interquartile range 3.00-3.98 n=49. Upper limit: median 3.14 μ mol/l, range 1.10-10.70, IQ range 1.80-4.93 n=32
- Free carnitine concentration: median 4.2µmol/l, range 2.0-15.0, IQ range 3.36-5.45 n=58. lower limit: median 9.62µmol/l, range 4.5-25.0, IQ range 7.00-14.00

16 carnitine transporter, 1 fatox, 1 urea cycle defect, 1 no diagnosis

Need for vigilance when carnitine is depleted Huge variation in quantitative values & reference ranges Overdependence on quantitative values in some laboratories 3/73 laboratories measured MMA & methylcitrate on the dbs Critical error?



Case of secondary carnitine depletion

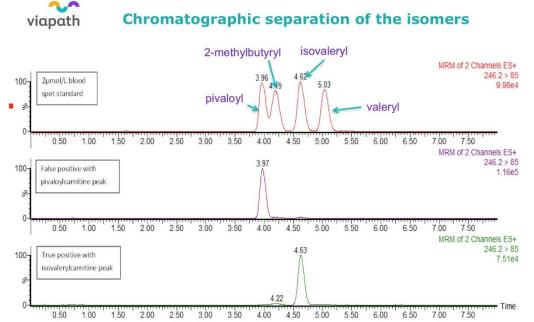
with thanks to colleagues at Viapath: Deborah Burden, Ben McDonald, Rachel Carling

- Positive newborn screen for C5 isovaleryl carnitine
 - C5 2.3µmol/L, C0 <2µmol/L, scan showed all acylcarnitines low except C5
 - Second line chromatographic separation of C5 isobars: 99% pivaloyl carnitine
 - Mother had been prescribed multiple courses of pivalic acid containing antibiotic drugs for recurrent UTI during pregnancy
 - Mother: C5 (pivaloyl) 0.8µmol/L, C0 3µmol/L

Extreme secondary carnitine depletion May mask other disorders detectable by acylcarnitine profiling Affects fasting tolerance and exercise capacity

Holme, E., et al. (1992). "Effects of pivalic acid-containing prodrugs on carnitine homeostasis and on response to fasting in children." <u>Scand J</u> <u>Clin Lab Invest</u> **52**(5): 361-372

Abrahamsson, K., et al. (1996). "Pivalic acid-induced carnitine deficiency and physical exercise in humans." <u>Metabolism</u> **45**(12): 1501-1507.



Thank you

We continue to try to improve the ACS and ACDB Schemes

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