

# INTERNAL & EXTERNAL QUALITY CONTROL

WHY and HOW !!!!





## Why should we control the quality of our analytical data?





Although we use ingenious sophisticated analytical methods they can provide erroneous and therefore misleading data.

Medical action based on false data is more dangerous than medical action without certain data.

NO NUMBER IS SAFER THAN A FALSE NUMBER!!





## Validation of Analytical Methods

for every metabolite to be quantified

- Specificity
- Selectivity
- Accuracy
- Trueness (Bias)
  - Bias (total systematic error)
- Precision (repeatability and reproducibility)
- Linearity





## Validation of Analytical Methods

for every metabolite to be quantified

- Calibration
- Range incl. detection limit
- Matrix variation effect
- Recovery
- Robustness
- Sensitivity



## **ACCURACY**



	high precision	low precision
high trueness		
	(high accuracy)	(fair accuracy)
low trueness		

(poor accuracy)

(fair accuracy)





## Please put your hand up if you perform internal quality control by using a pooled urine/plasma:

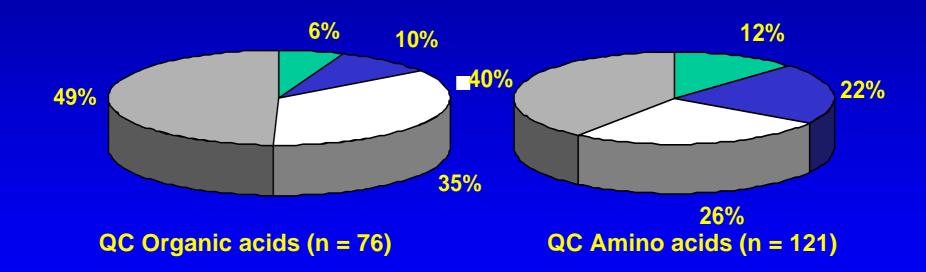
- at amino acid analysis
- at GC-MS analysis of organic acids



## PERFORMANCE OF INTERNAL QUALITY CONTROL



questionnaire 1995



- Yes (pooled urine/plasma)
  □ Yes (but without details)
- ? (no information)
- No





## INTERNAL QUALITY CONTROL

AIM: to limit the analytical variation by controlling the day to day performance of the analyses in your laboratory;

- Precision (repeatability and reproducibility)
- Trueness (Bias)
- Linearity





## INTERNAL QUALITY CONTROL

Material to be used (matrix must be similar to samples for the daily analyses):

pooled plasmas and/or urines possibly spiked with metabolites; \* home made

\* commercial available





## INTERNAL QUALITY CONTROL

## Frequency of internal quality controls guidelines:

- Batch processing: analyze a pool sample each run
- Continuous processing: analyze a pool sample each 24 hours
- Analyze a pool sample after:
  - change of chromatographic parameters
  - refreshment of buffers
  - refreshment of derivatization agent (e.g. ninhydrin)





## **EXTERNAL QUALITY CONTROL**

- AIM: 1. To optimize inter-laboratory comparability
  - 2. To approach the accuracy of analytical data (data from many laboratories needed)
  - 3. To check your internal quality controls
  - 4. To improve diagnostic skill by Proficiency testing





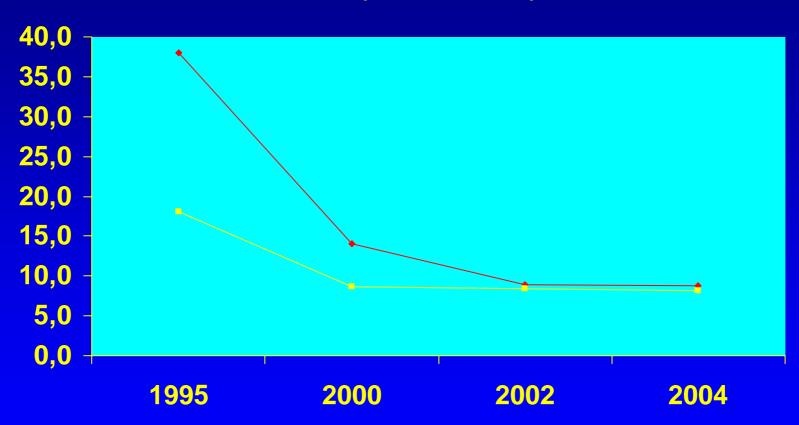
- Firstly, control the analytical / methodological performance with well defined pooled urine and/or plasma samples.
- Secondly, use the data from the ERNDIM QAP to check your internal quality controls.
- Don't use the external control samples for your internal quality control.



#### improvement of between Labs CV

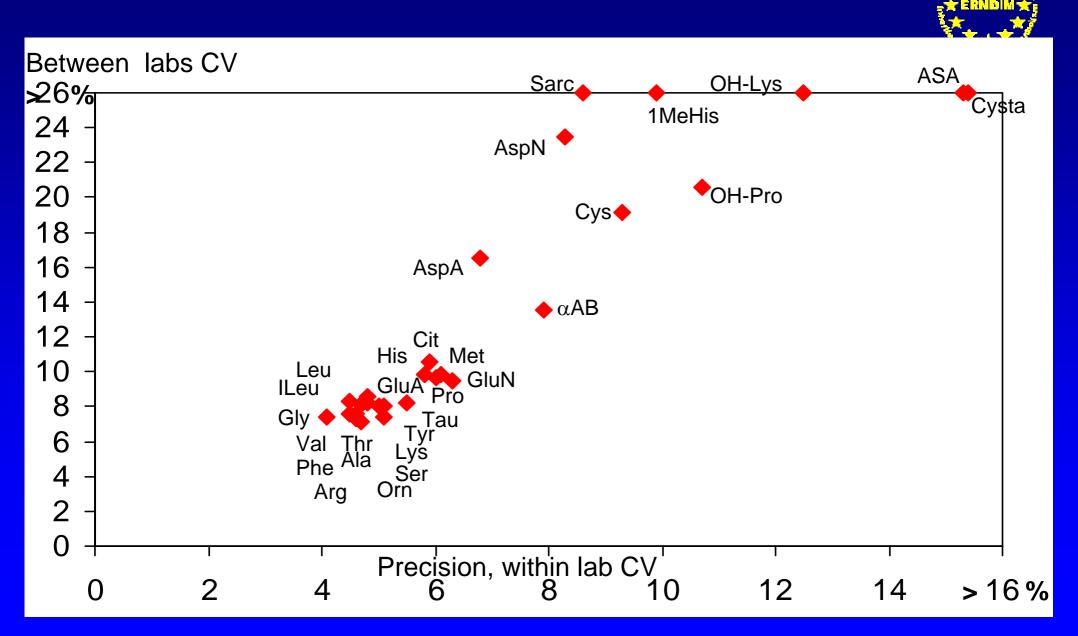


→ Homocysteine → Phenylalanine





### Amino acid QC scheme: Precision vs. Interlab variation



#### **AA 96** Phenylalanine

#### IEC-ninhydrine-1 Internal Standard

#### Statistical Results

Parameter	Your Lab	Method
n	1	75
Mean	374	383
Median	374	385
SD		17.8

Scale Standard Deviations	Scale µmol/L	
>3SD	> 450	
2-3SD	427 - 450	
1.5 - 2.0SD	415 - 426	
1.0 - 1.5SD	403 - 414	
0.5 - 1.0SD	391 - 402	
0.0 - 0.5SD	379 - 390	
-0.5 - 0.0SD	367 - 378	
-1.00.5SD	355 - 366	
-1.51.0SD	344 - 354	
-21.5SD	332 - 343	
-32SD	308 - 331	
<-3SD	< 308	
X Your lab		IEC-ninhydrine-1 Internal Standard



IEC-ninhydrine-0 Internal Standard IEC-ninhydrine-2 Internal Standards

Reverse phase chromatography

IEC-other derivatization

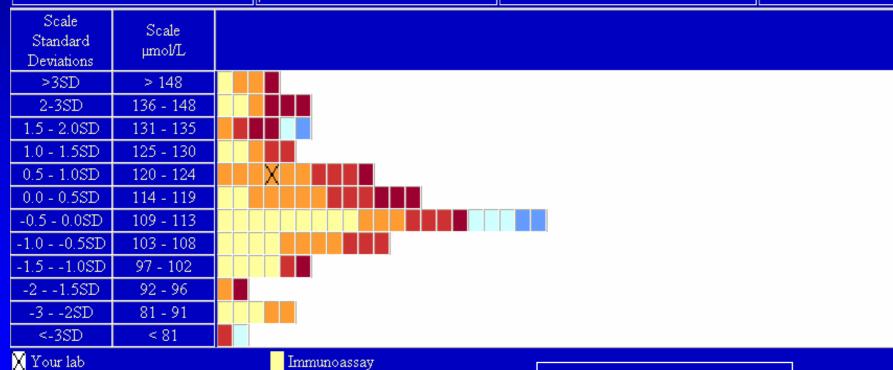


\*ERNDIM

#### SA-Serum 62 Homocysteine

Method Selections for Report			
Hospital Name	Universitäts Kinderspital Beider Basel	Parameter	Your I
Department	Aminoacid lab	n	1
Contact Person	B. Fowler / M. Zaugg / M. Bill	Mean	121
Deadline	03-12-2004 23:59	Median	121
Unit	μmol/L	SD	





HPLC-SBDF reagent

Immunoassay

Other

Ion exchange/reduction DTT/ninhydin ELISA

HPLC-bromobimane reagent

Mean all labs 114 µmol/L



#### SA-Serum 59 Homocysteine

Method Selections for Report			
Hospital Name	Universitäts Kinderspital Beider Basel	Parameter	Your La
Department	Amino acid lab	n	1
Contact Person	B. Fowler / M. Zaugg / M. Bill	Mean	13.5
Deadline	10-09-2004 23:59	Median	13.5
Unit	µmol/L	SD	



Scale Standard Deviations	Scale µmol/L	
>3SD	> 15,8	
2-3SD	14,8 - 15,8	
1.5 - 2.0SD	14,3 - 14,7	
1.0 - 1.5SD	13,8 - 14,2	
0.5 - 1.0SD	13,3 - 13,7	
0.0 - 0.5SD	12,9 - 13,2	
-0.5 - 0.0SD	12,4 - 12,8	
-1.00.5SD	11,9 - 12,3	
-1.51.0SD	11,4 - 11,8	
-21.5SD	10,9 - 11,3	
-32SD	10,0 - 10,8	
<-3SD	< 10,0	
X Your lab		Immunoassay

HPLC-SBDF reagent

Other

Ion exchange/reduction DTT/ninhydin ELISA

HPLC-bromobimane reagent

Mean all labs 12.9 µmol/L





#### **THANKS ARE DUE TO:**

### ILJA LARDINOIS & HUGUETTE VRANCKEN

