

Clinical Approach to Diagnosis of Lysosomal Storage Diseases

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Lysosomal storage disorders ...

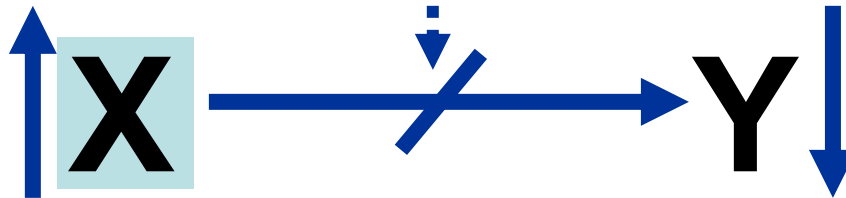
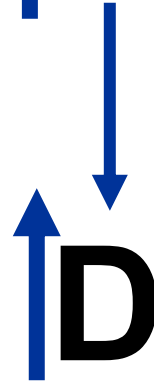
- 45>; expanding number
- Individually rare
- as a group 1:1500-7000¹
- high risk of recurrence (AR and XR)
- highly variable
- some are treatable
- diagnostically challenging

¹ Prevalence of lysosomal disorders, JAMA, 1999, Vol 281;3; 249-254



Substrate accumulation

Enzyme deficiency
(Gene mutation)



Substrate accumulation

Classification

- Glycosaminoglycans
 - Mucopolysaccharidoses
- Glycoproteins
 - Oligosaccharidoses
- Glycolipids
 - Sphingolipidoses
- Lipids
 - Niemann-Pick C, Wolman
- Multi-enzyme; Trafficking; Complex

Metabolic studies for LSD

Analysis of metabolites



Blood: Chitotriosidase
Urine:
Glycosaminoglycans qn/ql
Toluidin
Thin layer chromatography

Analysis of gene product



Blood: Enzyme activity

Molecular genetic analysis



Blood/tissue:
Mutation screening

Metabolite 1: Chitotriosidase (ChT)

- Fully active chitinase expressed by activated macrophages
- Elevation in Gaucher disease and in various lysosomal disorders, malaria, thalassaemia, atherosclerosis, etc
- Anti-fungal

Chitotriosidase in LSD

Table 2 Plasma chitotriosidase activity in 24 lysosomal disorders^a

<i>Disease</i>	<i>Plasma chitotriosidase activity</i>	
	<i>Abnormal/total</i>	<i>Elevated activity (nmol/h per ml)</i>
Aspartyl glucosaminuria	0/3	
Fabry	0/8	
Gaucher type I ^{a,b}	20/21	5580–51 800
Glycogen storage disease II	2/8	360; 420
GM1-gangliosidosis ^b	7/13	380; 720–1420
GM2-gangliosidosis	0/11	
Krabbe disease ^b	7/11	610–1670
α -Mannosidosis	1/3	300
β -Mannosidosis	0/2	
Metachromatic leukodystrophy	1/29	550
Mucopolysaccharidoses (I; II; IIIA; B, C; IVA, B)	2/63	600; 400
Mucopolysaccharidosis II/III	0/3	
α -NAGA deficiency	0/2	
Niemann-Pick A/B ^b	13/15	250; 602–2800
Niemann-Pick C ^b	6/11	263; 304–940
Sialic acid storage disorders	0/1	
Sialidosis	0/1	
Total	58/205	(28%)

^aThe patients in this table were diagnosed in the authors' laboratories (Rotterdam, Nijmegen and Leiden) and reflect the relative frequencies of the various diseases. The number of Gaucher patients is therefore different from the high number in Table 1

^bDiseases where majority of patients have elevated chitotriosidase activity

ChT activity deficiency

Table 1. Frequencies of wild-type and mutant alleles in different ethnic groups.

Population	Genotype			Reference
	Wild type	Heterozygote mutant	Homozygote mutant	
Dutch	58.5%	35.1%	6.4%	[16]
Ashkenazi Jewish	60.3%	33.8%	5.9%	[16]
Portuguese	60.0%	37.3%	2.7%	[39]
Spanish	54.3%	39.6%	6.03%	[7]
Sicilian	51.01%	44.54%	5.45%	[42]
Sardinian	65.56%	32.71%	3.73%	[42]
Benin	100%	0%	0%	[42]
Burkina Faso	98%	2%	0%	[42]

Metabolite 2: Berry spot test, semiquantitative Glycosaminoglycan analysis



Negative

Mild positive

Positive

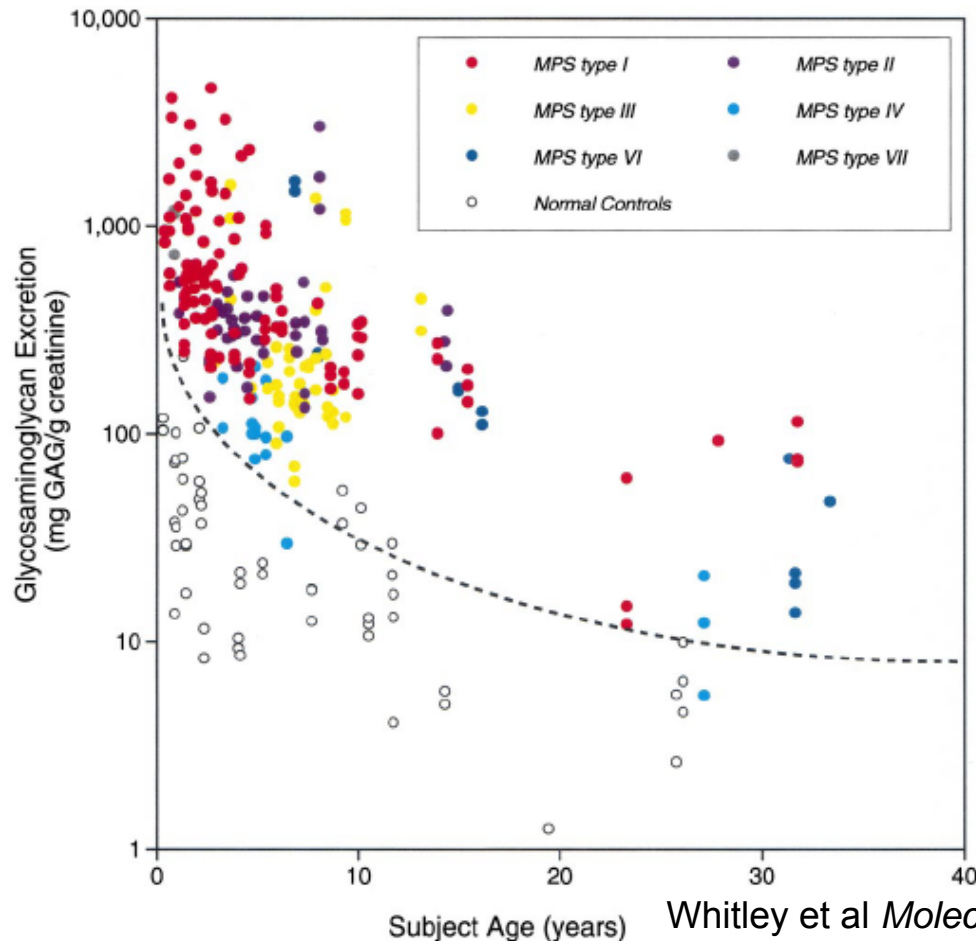
Table 1

Sensitivity and specificity of the MPS urine screening through DMB test, Berry spot test (BST) and both tests

	DMB test	BST	DMB + BST ^a
No. of false-negative samples	0/31	2/31	
%	0	6.4	
Sensitivity (%)	100	93.6	
No. of false-positive samples	52/204	94/204	32/204
%	25.5	46.1	15.7
Specificity (%)	74.5	53.9	84.3

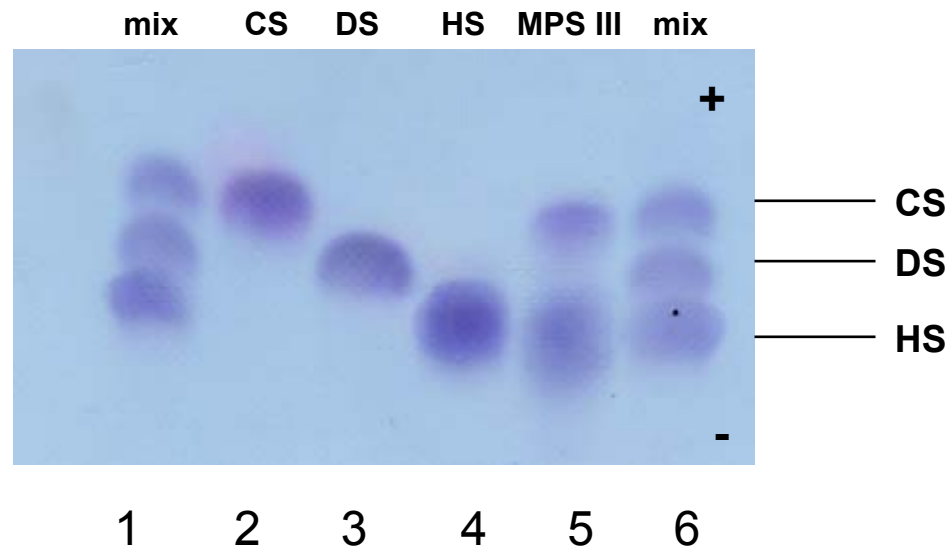
^a Considering as abnormal an alteration of both tests.

Metabolite 3: Urinary Glycosaminoglycans qn



Metabolite 4: GAG electrophoresis

Electrophoresis of GAGs followed by toluidin staining



Metabolite 5: Thin layer Chromatography

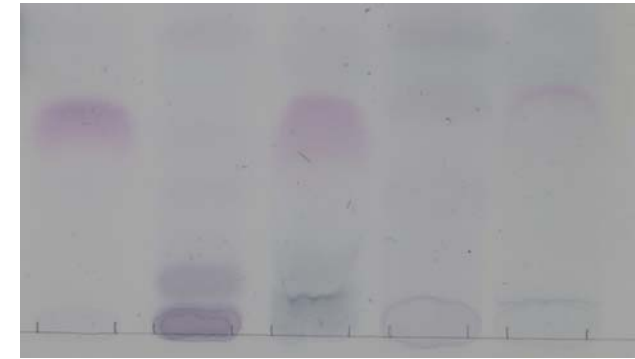
Oligosaccharides

- Monosaccharide (fructose)
- Disaccharide (sucrose)
- Disaccharide (lactose)
- Trisaccharide (raffinose)



- 1: sugar marker
- 2: neonate, healthy
- 3: mannosidosis patient

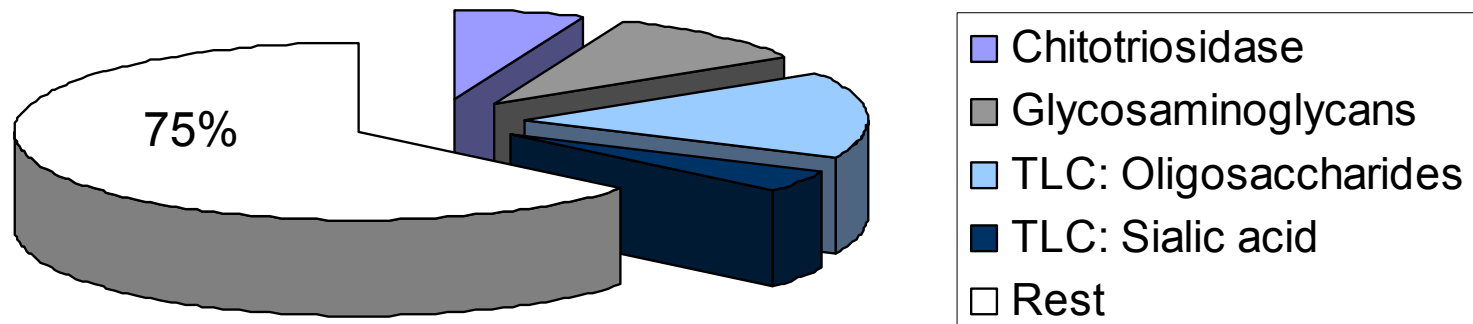
Sialic Acid



- 1: sialic acid (marker)
- 2: Galactosialidosis patient
- 3: Galactosialidosis patient; acidic hydrolysis
- 4: control
- 5: control ; acidic hydrolysis

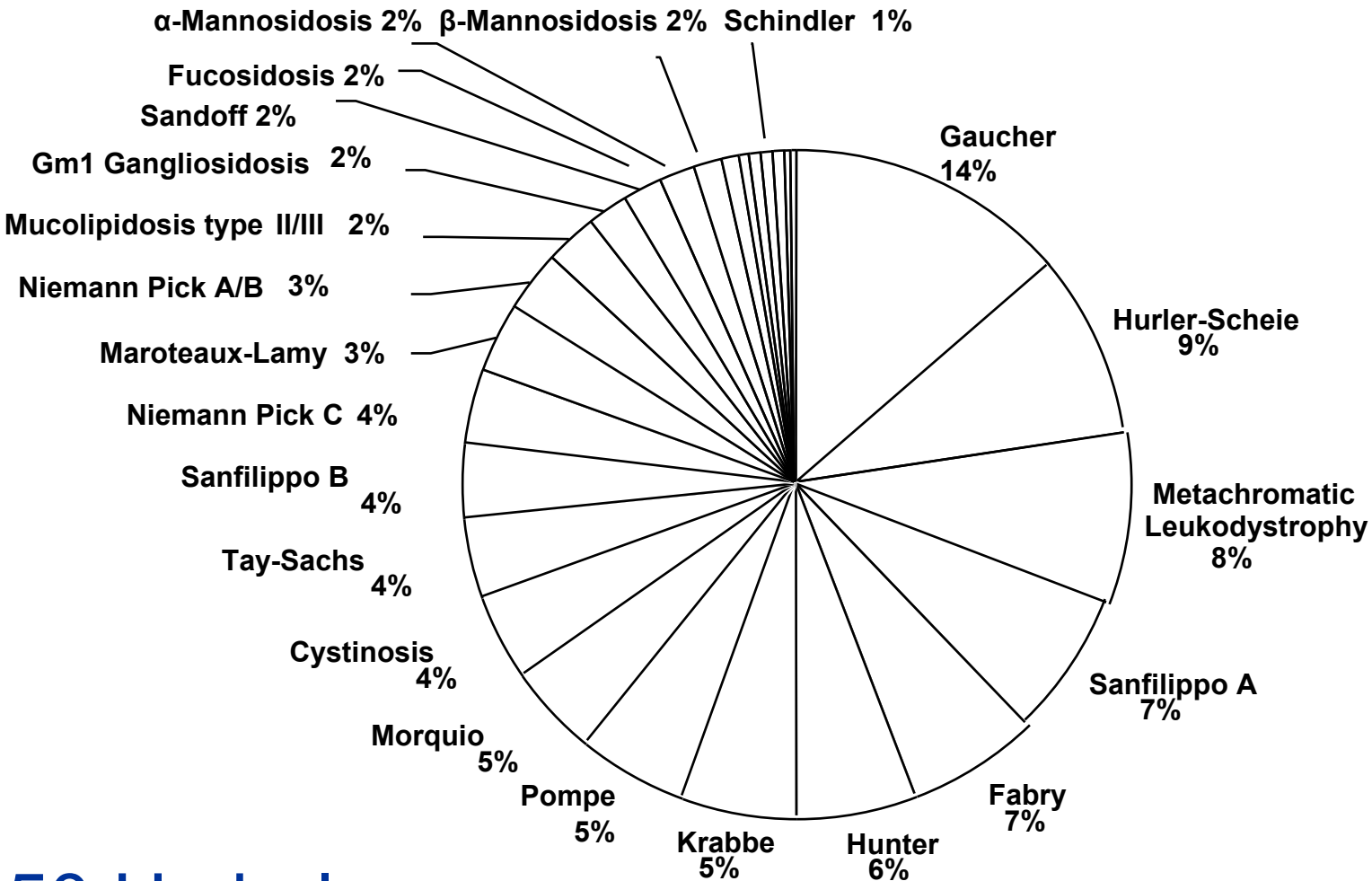
LSDs detected by metabolites

Metabolite testing for lysosomal disorders





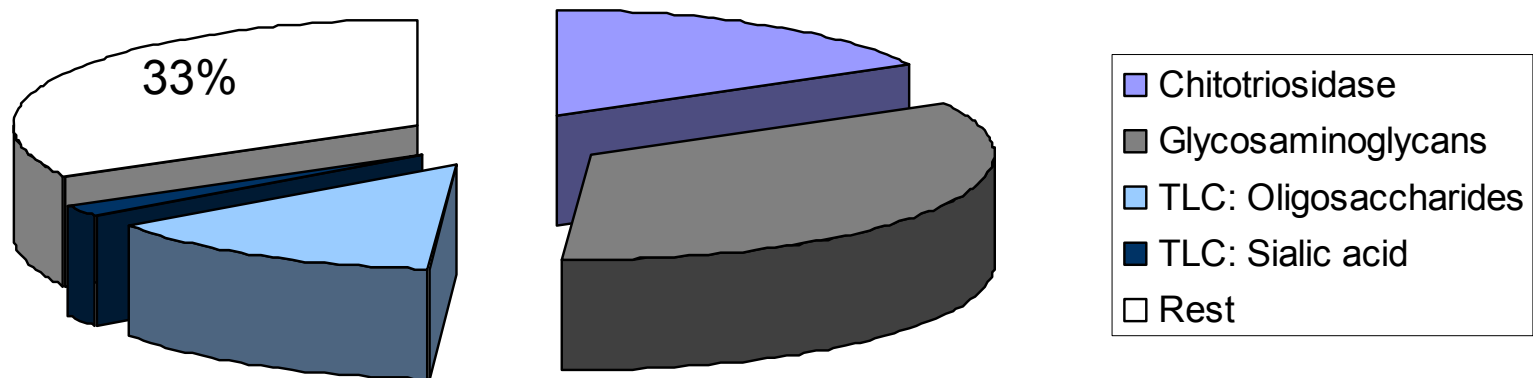
Prevalence of LSDs



> 50 Hydrolases

Frequency of the disorder

Metabolite testing for lysosomal disorders



Enzyme assay = Gene product

- Clinical features overlapping
- > 50 enzymes involved
- Exceptions: specific clinic
 - Pompe disease
 - Fabry disease
 - Gaucher disease adults

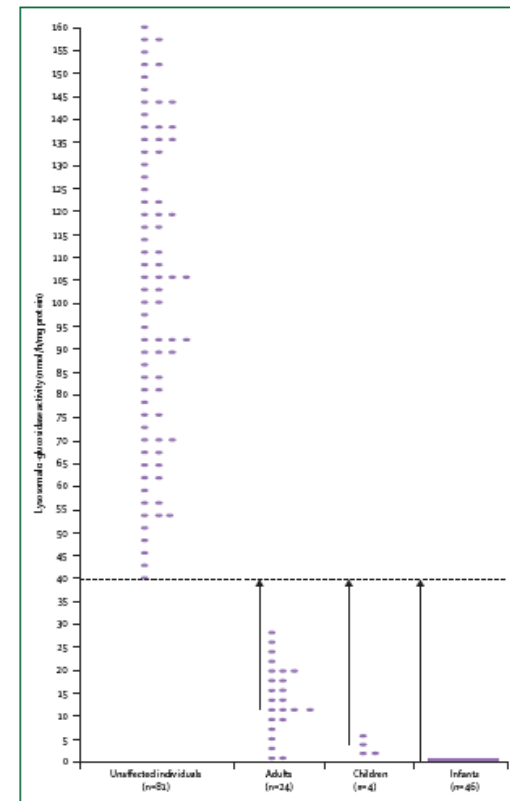
Enzyme assay challenges:

X- chromosomal:
Fabry disease

“Enzyme Activity for
Determination of Presence of
Fabry Disease in Women Results
in 40% False-Negative Results”

Journal of the American College of Cardiology
Vol. 51, No. 21, 2008

Infantile versus adult onset:
Pompe disease

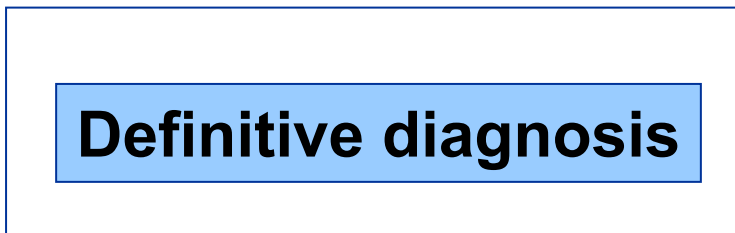
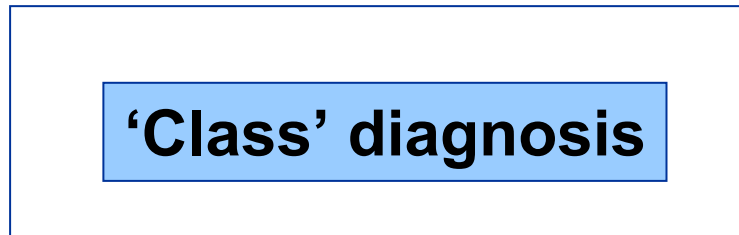
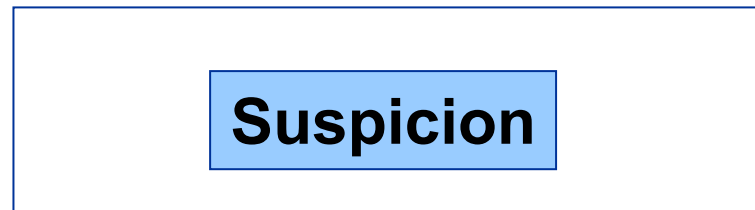


The Lancet. Vol 372 October 11, 2008

Mutation analysis

- **Confirmation**
- **Challenges:**
 - nature of mutation, new mutations
 - X linked disorders, carrier detection
 - **special problems**
 - reagents: unique
 - reaction conditions
 - allelic heterogeneity
 - polymorphisms
 - pseudogenes

Stepwise approach



Clinical

**Screening
„metabolites“**

**Enzyme
DNA**

Clinical approach based on the time of suspicion

prenatal neonatal childhood adulthood



Non-immune hydrops fetalis

Hydrops fetalis

Table 2
Hereditary metabolic diseases found in association with HF

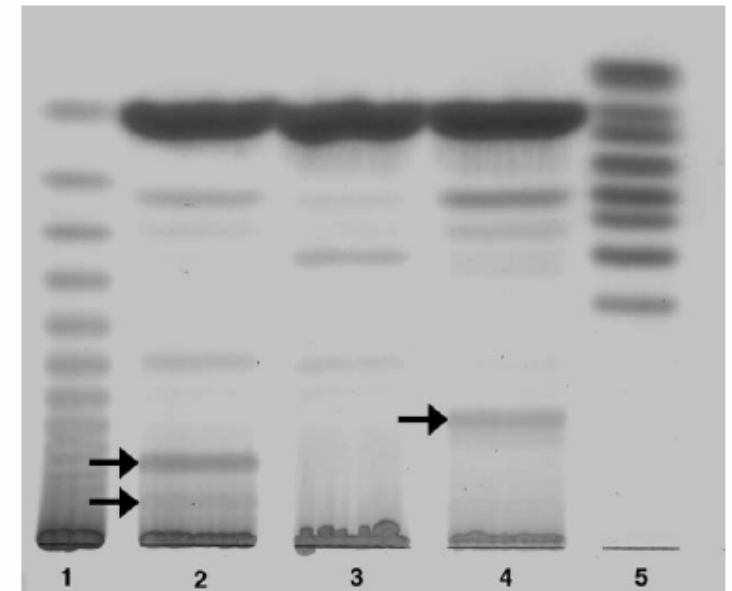
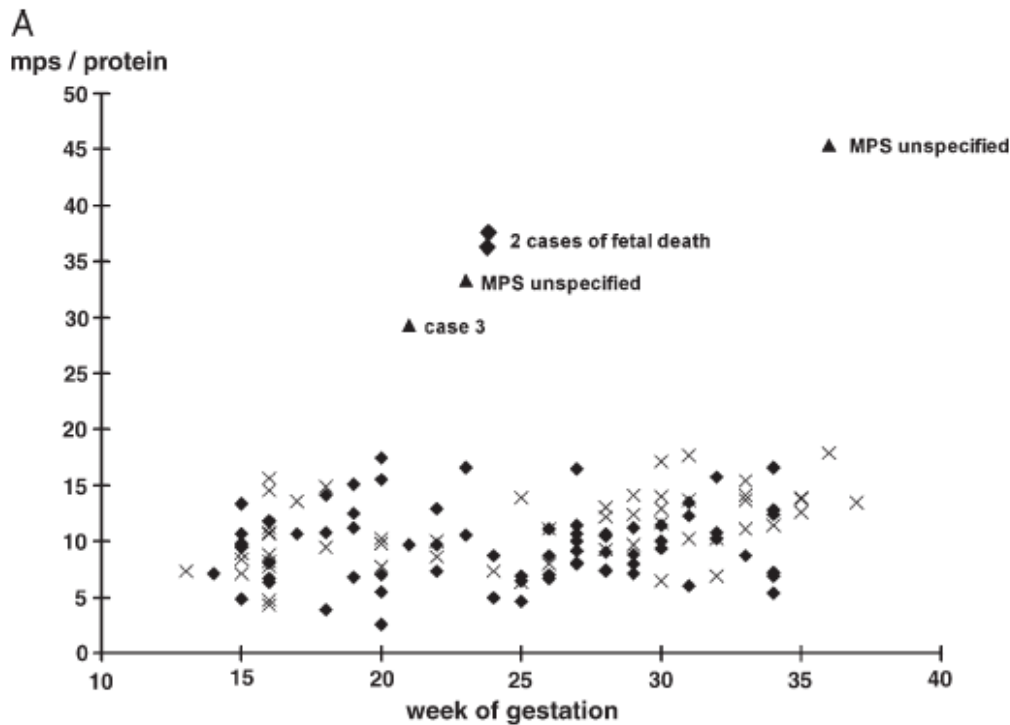
Lysosomal storage diseases	Non-lysosomal diseases
Mucopolysaccharidoses: Mucopolysaccharidosis I (Hurler) [18] Mucopolysaccharidosis IVA (Morquio A) [6] Mucopolysaccharidosis VII (β -glucuronidase deficiency) [7]	Glycogenoses: Glycogenosis type IV (Anderson disease) [20]
Oligosaccharidoses: Galactosialidosis [2] Sialidosis [27] GM ₁ -gangliosidosis [2]	Fatty acid oxidation defects: Long-chain hydroxyacyl CoA dehydrogenase deficiency [21]
Lysosomal transport defects: Sialic acid storage disease [7]	Cholesterol biosynthesis defects: Smith–Lemli–Opitz syndrome [22] 3 β -hydroxysterol- Δ ¹⁴ -reductase deficiency [23]
Sfingolipidoses: Gaucher type 2 [19] Niemann-Pick A [18] Niemann-Pick C [2] Lipogranulomatosis (Farber) [2] Wolman [18]	Congenital disorders of glycosylation: CDG Ix [24]
Mucolipidoses: Mucolipidosis II (I-cell disease) [2]	Others: Citric acid cycle-defect [25] Hereditary hemochromatosis [13]
Others: Multiple sulfatase deficiency	

Glycosaminoglycans

Oligosaccharides

Enzyme assay in cultured amniocytes

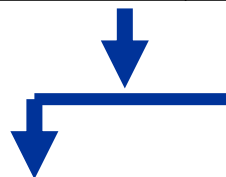
Prenatal GAGs and Oligos



- 2: GM1-gangliosidosis
- 3: Normal amniotic fluid
- 4: Galactosialidosis

Clinical approach based on the time of suspicion

prenatal neonatal



Hepatosplenomegaly

Gaucher Type 2
Niemann Pick C
Wolman

- Sphingolipid storage disease:
 - Farber, Gaucher 2, GM1, NP A/B, Krabbe
- Mucopolysaccharide storage disease:
 - MPS I, MPS IV, MPS VII
- Glycogen storage disease:
 - Pompe
- Glycoprotein storage disease
 - Schindler, Sialidosis
- Complex storage disease
 - Wolman
- Multienzyme storage disease
- Transport and trafficking disorders
 - Sialuria, Salla

Neonatal

Hepatosplenomegaly

Gaucher Type 2
Niemann Pick C
Wolman

M: Chitotriosidase
(Fillipin stain)
(Cholesterol)

Cardiomyopathy

Pompe

E: α -Glycosidase

Neurology

Pompe
Gaucher Type 2
Krabbe
Gangliosidoses

M: Chitotriosidase
TLC Oligos
E: Galactocerebro-
sidase

Clinical approach based on the time of suspicion

prenatal

neonatal

childhood

adulthood



Table 1 Key clinical features of a selection of lysosomal storage disorders

Disease	Protein defect	Main clinical signs and symptoms	Chromosomal localization	OMIM
Defects in glycosaminoglycan degradation (mucopolysaccharidoses)				
MPS I (Hurler, Scheie)	α -Iduronidase	Disproportionate dwarfism, coarse facial features, visceromegaly, mental retardation in variable degree	4p16.3	607015
MPS II (Hunter)	Iduronate sulphatase	Disproportionate dwarfism, coarse facial features, visceromegaly, mental retardation in variable degree	Xq28	309900
MPS IIIA (Sanfilippo A)	Heparan <i>N</i> -sulphatase	Mental retardation ending in a vegetative state	17q25.3	252900
MPS IIIB (Sanfilippo B)	<i>N</i> -Acetylglucosaminidase	Mental retardation ending in a vegetative state	17q21	252910
MPS IIIC (Sanfilippo C)	Acetyl-CoA transferase	Mental retardation ending in a vegetative state	8p11.1	252930
MPS IIID (Sanfilippo D)	<i>N</i> -Acetylglucosamine-6-sulphatase	Mental retardation ending in a vegetative state	12q14	252940
MPS IVA (Morquio A)	<i>N</i> -Acetylgalactosamine-6-sulphatase	Severe skeletal dysplasia, spinal stenosis at the craniocervical junction, hearing loss, normal intelligence	16q24.3	253000
MPS IVB (Morquio B)	β -Galactosidase	Skeletal dysplasia, spinal stenosis at the craniocervical junction, hearing loss, normal intelligence	3p21.33	230500
MPS VI (Maroteaux-Lamy)	<i>N</i> -Acetylgalactosamine-4-sulphatase	Disproportionate dwarfism, coarse facial features, visceromegaly, normal intelligence	5q11-13	253200
MPS IX	Hyaluronidase	Short stature, joint swelling and deformities, normal intelligence	3p21.3	601492
Defects in glycoprotein degradation (oligosaccharidoses)				
α -Mannosidosis	α -Mannosidase	Slow progression, disproportionate dwarfism, coarse facial features, hearing loss, mental retardation	19q12	248500
β -Mannosidosis	β -Mannosidase	Slow progression, disproportionate dwarfism, coarse facial features, hearing loss, mental retardation	4q22	248510
α -Fucosidosis	α -Fucosidase	Severe mental retardation, skeletal dysplasia, visceromegaly, often angiokeratoma	1q34	230000
Sialidosis	α -Sialidase	Skeletal dysplasia, coarse facial features, visceromegaly, mental retardation, myoclonic seizures, cherry-red spot	6p21.3	608272
Galactosialidosis	Cathepsin A	Skeletal dysplasia, coarse facial features, visceromegaly, mental retardation, seizures, cherry-red spot	20q13.1	256540
Aspartylglucosaminuria	Aspartylglucosaminidase	Mild skeletal dysplasia, visceromegaly, mental retardation	4q32	208400
Schindler disease, Kanzaki disease	α -Acetylglucosaminidase	Very heterogeneous: neuroaxonal dystrophy with rapid neurodegenerative course in some cases, in other cases angiokeratoma being the only sign	22q13.1	104170
Defects in glycolipid degradation				
GM ₁ -gangliosidosis	β -Galactosidase	Neurodegenerative course, visceromegaly, skeletal dysplasia, cherry-red spot	3p21.33	230500
GM ₂ -gangliosidosis (Tay-Sachs)	α -Subunit of β -Hexosaminidase	Neurodegenerative course, startle reaction, cherry-red spot, no visceromegaly, no skeletal dysplasia	15q23	606869
GM ₂ -gangliosidosis (Sandhoff)	β -Subunit of β -Hexosaminidase	Neurodegenerative course, startle reaction, cherry-red spot, visceromegaly, mild skeletal dysplasia	5q13	606873
GM ₂ -gangliosidosis (variant AB)	GM ₂ activator protein	Neurodegenerative course, startle reaction, cherry-red spot, no visceromegaly, no skeletal dysplasia	5q31	272750
Gaucher disease	β -Glucocerebrosidase	Visceromegaly, anemia, thrombocytopenia, bone disease. Involvement of the central nervous in type II and III	1q21	606463
Fabry disease	α -Galactosidase	Multisystemic disorder involving heart, kidney, central nervous system. Angiokeratoma are a specific sign	Xq22.1	301500
Defects in lipid degradation				
Niemann-Pick type A and B	Sphingomyelinase	Visceromegaly, neurodegenerative course (type A), visceromegaly, lung involvement (type B)	11p15.2	607808
Farber disease	Acid ceramidase	Joint swelling and deformities, hoarseness, mental retardation in variable degree	8q22	228000

Childhood

prenatal neonatal childhood adulthood



Skin



α -Fucosidosis
Fabry

Progressiv neurology
and mental deterioration
+/- Ataxia, +/- Hypotonia

Coarse/
Hepatosplenomegaly
Skeletal

Ophthalmology

Mucopolysaccharidoses
Oligosaccharidoses



M: Glycosaminoglycans
TLC: Oligosaccharides

M: Oligosaccharides
E: α -Galactosidase A
and gene analysis

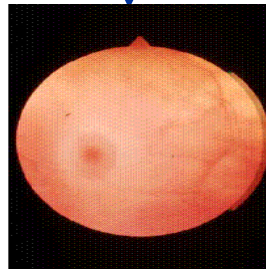
Ophthalmology



Cataracts

Sialidosis
 α -Mannosidosis

M: TLC



Cherry red spot

Galactosialidosis
GM1, GM2
 α -Mannosidosis
Sialidosis

M: TLC Oligosaccharides
E: β -hexosaminidase A/B



Corneal Clouding

MPS I/IV/VI
 α -Mannosidosis

M: GAG,
TLC Oligos

Childhood

Progressiv neurology and mental deterioration

Skeletal

Hepatosplenomegaly

Ataxia or Hypotonia

Psychic dysfunction

Mannosidosis
Fucosidosis
Galactosialidosis
Siladisisis

Niemann Pick C

GM1
GM2
Salla
Sialic acid storage

Niemann Pick C
Schindler

M: TLC
E: Confirmation

M: ChT
Filippin staining
G: Mutation

M: TLC
Oligosaccharides
+ Sialic acid
E: Confirmation

M: ChT
(Filippin staining)
TLC
E: Confirmation

Clinical case 1

4.5 year old boy, recent restricted movement, mild mental retardation

prenatal neonatal childhood

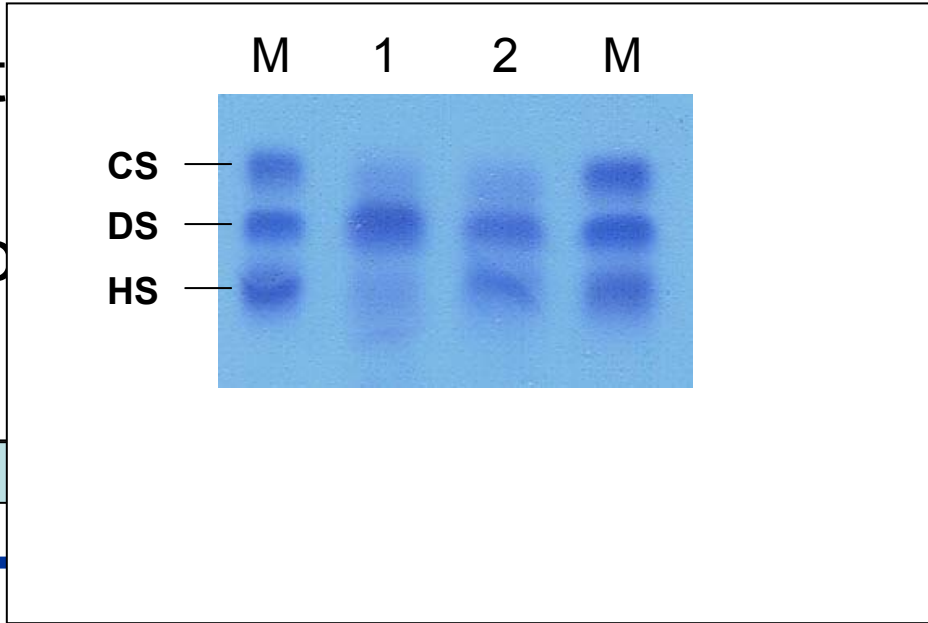


Skin

Progressiv neurology and mental deterioration +/- Ataxia

Coarse/ Hepatosplenomegaly/ skeletal

Ophthalmology



M: GAG's qn elevated
GAG electrophoresis

MPS II

Clinical case 2

6 year old girl with prominent
mild mental retardation
Only able to speak a few

prenatal neonatal childhood

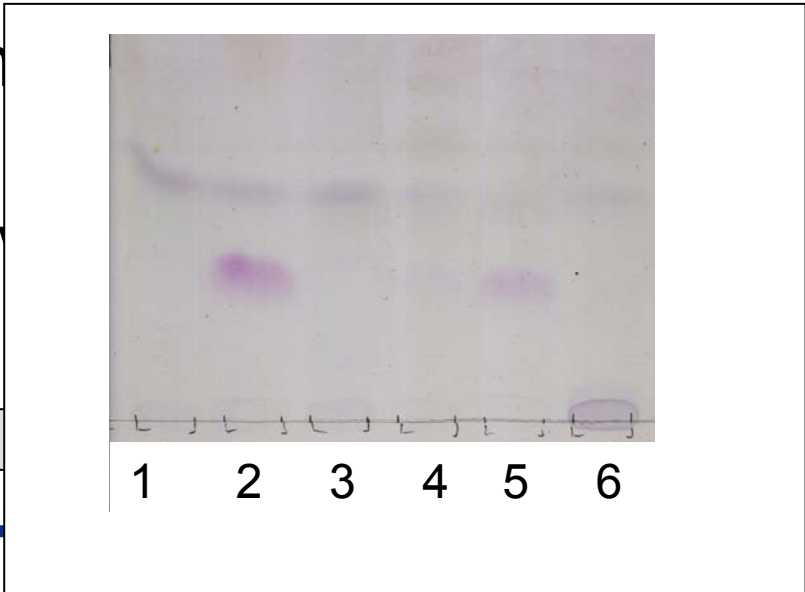


Skin

Progressiv neurology
and mental deterioration
+/- Ataxia +/- hypotonia

Coarse/
Hepatosplenomegaly/
skeletal

Ophthalmology



M: TLC for
Oligosaccharides/ Free Sialic Acid

Salla disease

Adulthood



Renal/Cardiology

Fabry

E: in male
M: in female

Progressiv neurology

Ataxia and Dementia

MLD
GM1/GM2
Niemann Pick C
Neuronal ceroid lipofuscinosis

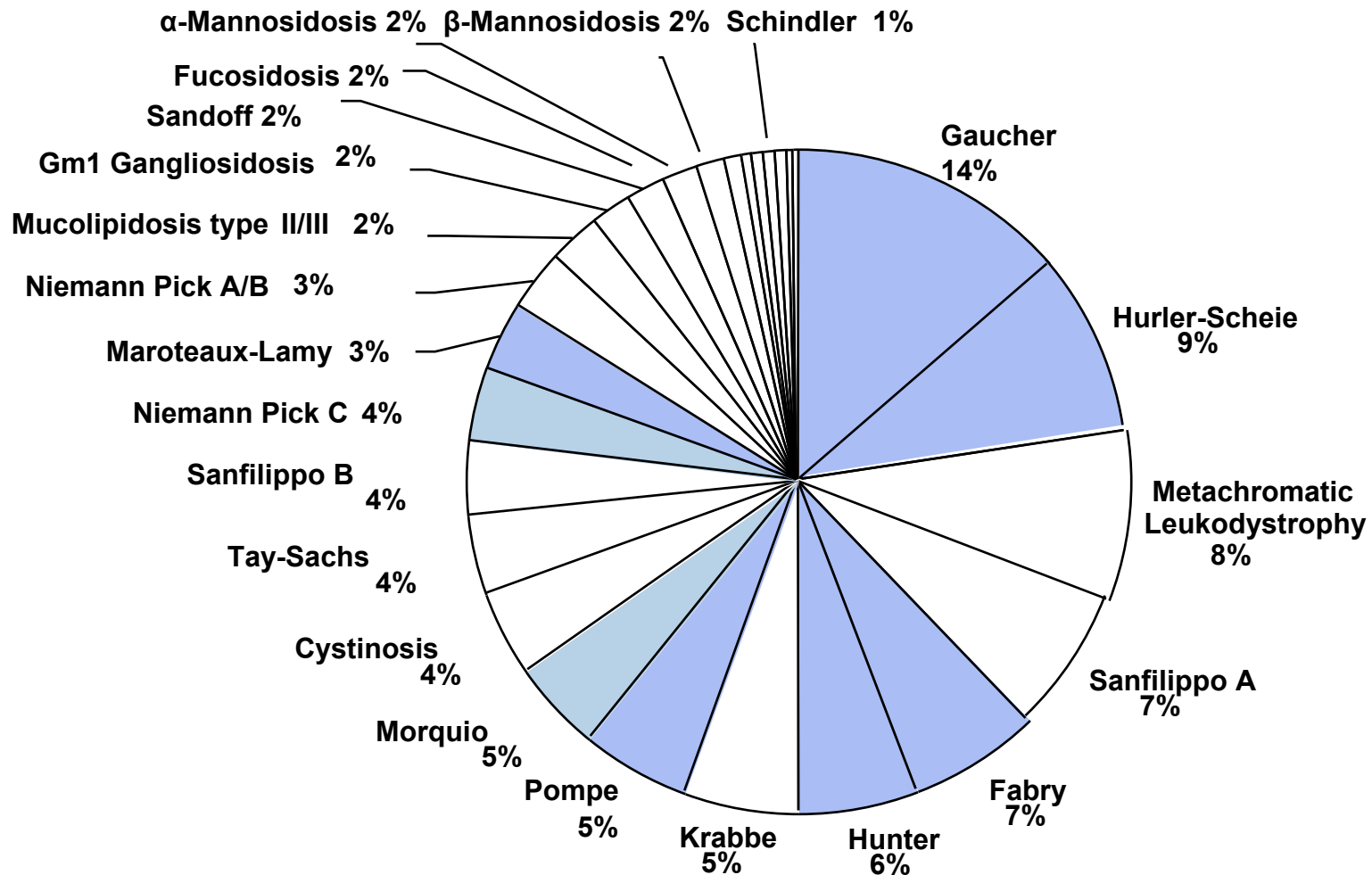
M: Oligosaccharides; CTh
Fingerprints in biopsies
E: Arylsulfatase A

Without mental deterioration

Late onset Krabbe

E: Galacto-
cerebrosidase

Treatable LSD



Conclusion

- > 45 lysosomal storage disorders
- Specific diagnosis is challenging
- Critically important to patient management
- Some are treatable
- Clinical features
- Stepwise approach: Metabolite, Gene product, Mutation analysis