

### **DPT Schemes**

Common sample 2015

Cystathionine beta-synthase (CBS) deficiency

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## Patient information

- ▶ 34 year-old woman, with normal psychomotor development, investigated because of phlebitis at the age of 30 (under oestrogens)
- Urine provided by Dr Marie-Hélène Read, from CHU Caen, France



# Case report

- ▶ 34 year-old woman
- Normal psychomotor development
- Phlebitis at the age of 30 (under oestrogens)
- No clinical manifestations before (except thyroidectomy and dust mites allergy)

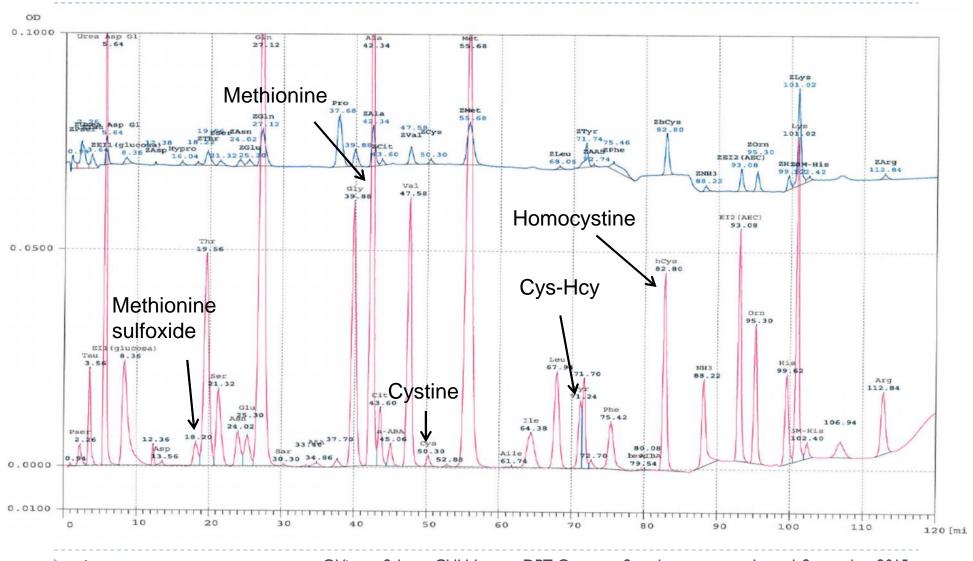
# Investigation in plasma

	05 Jan 2015	21 jan 2015	29 Jan 2015	Reference values
Total hcy	330	280	10.7	<12
Homocystine	67	82	NM	<
Methionine	160	552	22	14 - 38
Cystine	7	7	NM	28 - 75
Vit B12	97			135 - 470
Folates	8,4	B6		7 - 45
		E	39	

NM: not measured

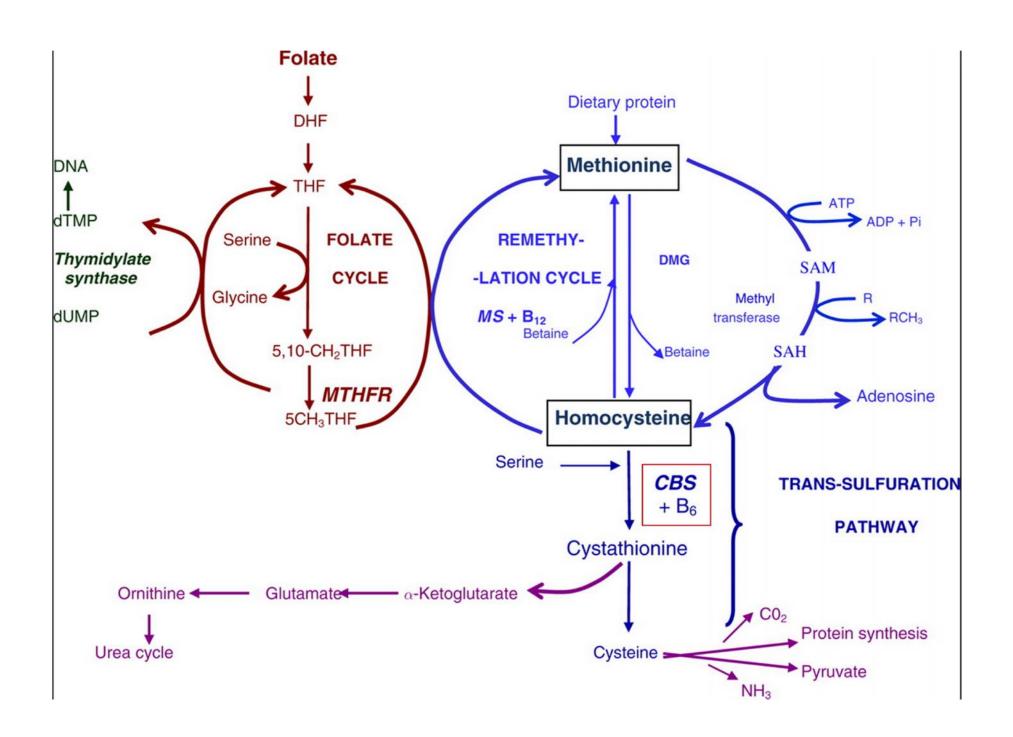
**B12** 

# Amino acids (Aminotac Jeol®)



# Case report : CBS deficiency

- Urines sent to DPT participants were urines at diagnosis (21) January 2015)
- Spontaneously, the patient had a high protein diet (134 g/j)
- She felt much better (less anxiety and irritability) with vitamin supplementation and a normoproteic diet (80 g/j)
- Mutation analysis: compound heterozygous for 2 already described mutations in CBS gene
- c.146C>T (p.Pro49Leu): B6 responsive
- c.374G>A (p.Arg125Gln)
- No measurement of CBS activity has been performed



### **DPT** centres

Czech Republic	20 labs
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France	23 labs
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Switzerland21 labs

The Netherlands
20 labs

United Kingdom23 labs

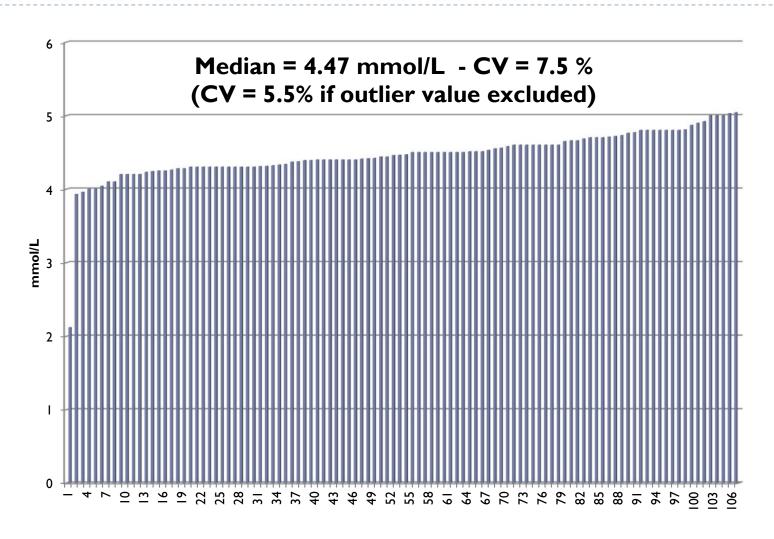
► Total 107 labs (107 responders)

### Creatinine determination

Centre	Median	Mean	Coefficient of variation
Czech Republic	4.53	4.49	5.1 %
France	4.50	4.55	5.5 %
Switzerland	4.41	4.49	5.1 %
The Netherlands	4.47	4.36	13.2 %
United Kingdom	4.40	4.43	5.9 %
All centres	4.47	4.46	7.5 %

Interlab CV 2014 Special Assay urine = 5.6 % (n = 122) Interlab CV 2014 Quantitative organic acids = 5.2 % (n = 67)

# Creatinine determination (mmol/mol creat)

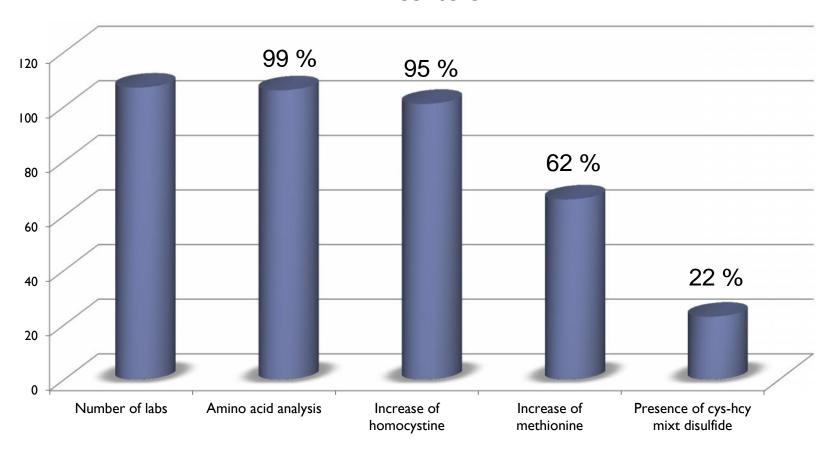


### Amino acid determination

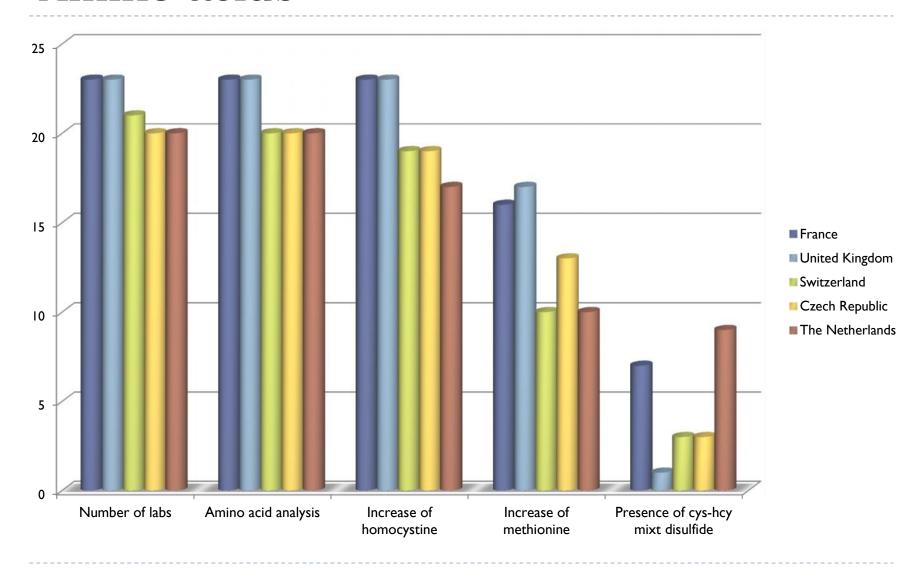
DPT centre	Number of labs	Test performed	%
Czech Republic	20	20	100 %
France	23	23	100 %
Switzerland	21	20	95 %
The Netherlands	20	20	100 %
United Kingdom	23	23	100 %
Total	107	106	99 %

## Amino acids

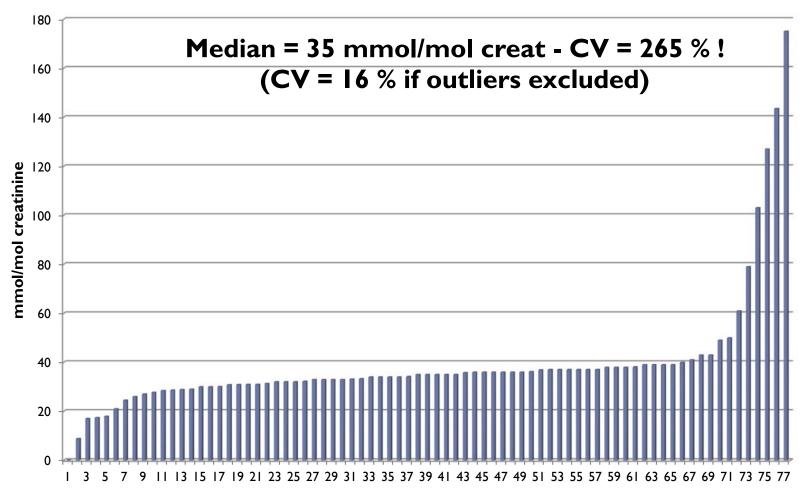
#### **All** centers



## Amino acids



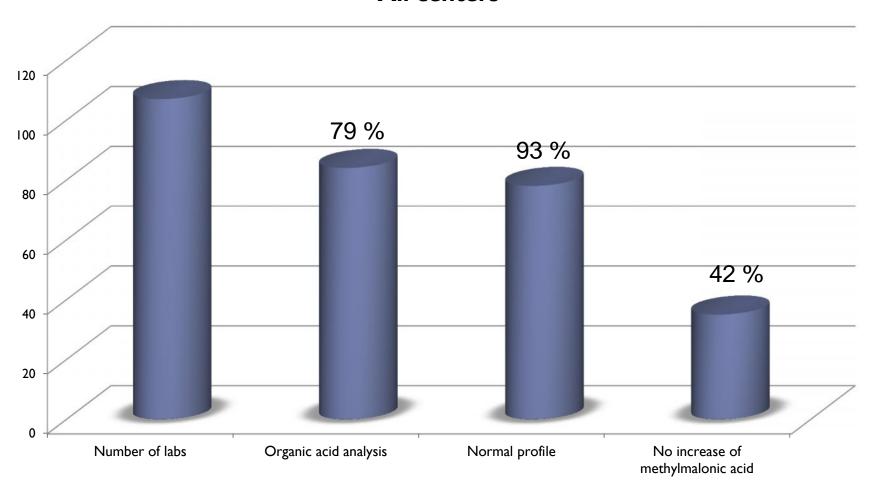
# Homocystine (mmol/mol creat)



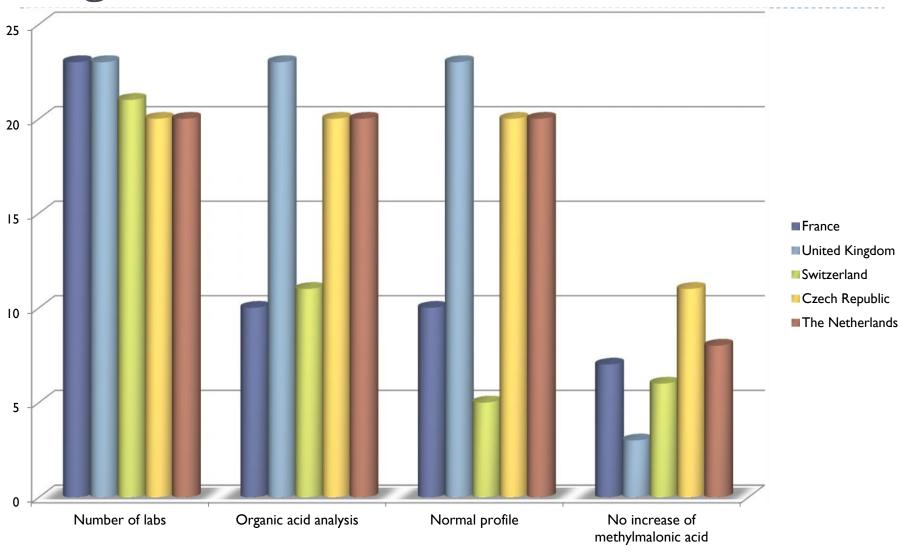
One wrong value excluded: 829 mmol/mol creat

# Organic acids

#### **All centers**

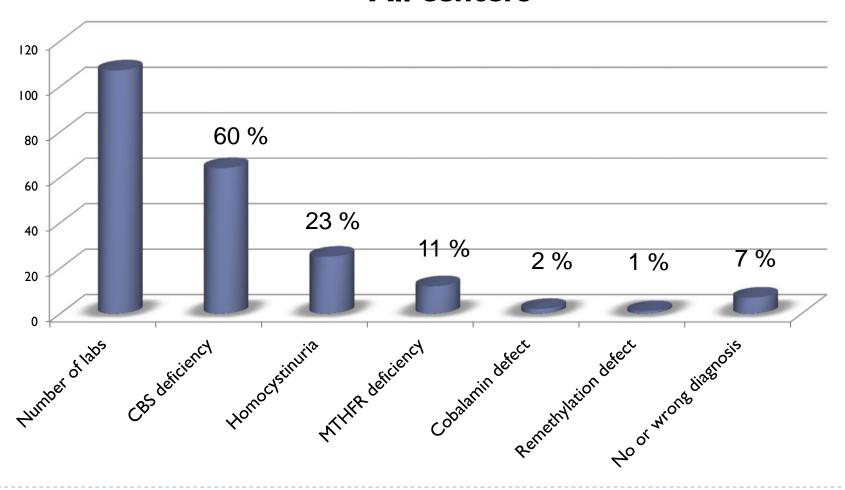


# Organic acids

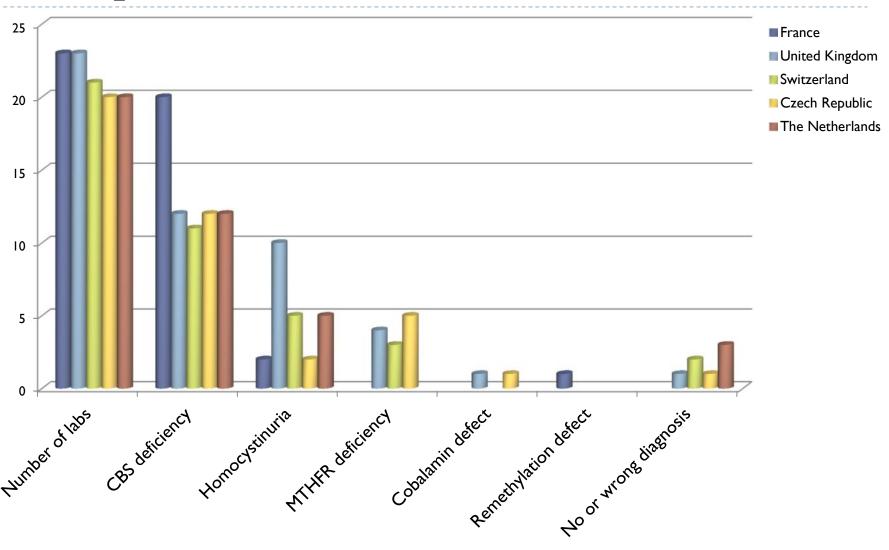


## Interpretation of results

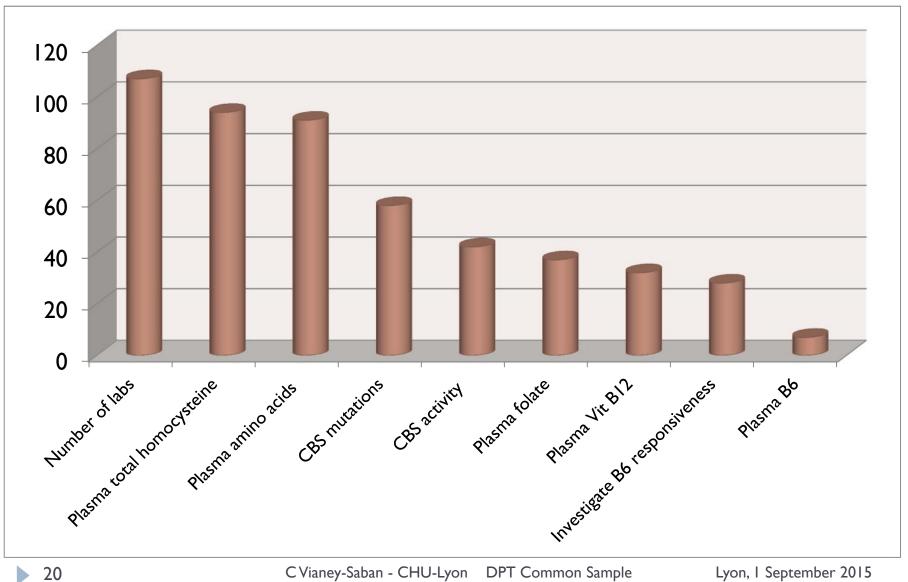
#### **All** centers



# Interpretation of results



### Recommendations



## Scoring

#### Analytical performance

- Increase of homocystine (or homocysteine)
- Increase of methionine and/or normal organic acid and /or normal methylmalonic acid

#### Interpretation of results

- Cystathionine beta-synthase deficiency

  (as first or alternative diagnosis)
- Homocystinuria
   (without precision or MTHFR def. or cobalamine defect)

# Scoring

DPT Centre	Analytical (%)	Interpretation (%)	Total (%)
Czech Rep.	85 %	75 %	80 %
France	96 %	93 %	<b>95</b> %
Switzerland	71 %	76 %	74 %
Netherlands	83 %	83 %	83 %
UK	98 %	91 %	<b>95</b> %
All centres	89 %	86 %	<b>87</b> %

### Conclusion

- Although urine is not the best biological fluid to diagnose CBS deficiency
- Analytical performance was satisfactory
  - Some labs have too high reference values for methionine
- Interpretation of results
  - Lack of precision
  - Some labs were confused by the absence of psychomotor retardation
- Recommendations were correct for those who reached the diagnosis